

O C T O B E R 2 0 1 6

CARDEROCK SPRINGS COMMUNITY NEWS

CSCA Fall Meeting

Monday, October 17, 7 – 8:30 pm, at the Club

Beer and wine, water, soft drinks and light snacks

Discussion on Fenway Road possible traffic calming measures

Representatives of the Montgomery County Department of Transportation will attend to provide information and answer questions on possible traffic calming options for Fenway Road (See page 2 article, "October Update from our Traffic Safety Committee")

All are invited to attend.

INTERNATIONAL PROGRESSIVE DINNER

Saturday, NOVEMBER 12

At 5:30 we'll gather at the club for drinks and nibbles, then proceed in groups to several host, neighbors homes to sample delicacies. Each host will offer a different course. It is a lot of fun and a great way to meet neighbors and see different Carderock homes. (See Page 3)

Carderock Springs Community Calendar

All events are at the Club unless otherwise noted

Day/Date

Sunday October 16, 3 - 5 pm
Sunday October 17, 7 - 8:30
Saturday October 29, 10 am

Saturday, November 12, 5:30

Saturday Jan 14, 2017 9am - 4pm

Event

UNICEF 2016: Annual Fall Fest (see Page 5)

CSCA Fall Meeting

Daffodil Planting (rain date Sunday October 30)
(see page 7)

International Progressive Dinner- starting at the club, then continuing onto specified homes (see page 3)

Seven Cooking Classes - one class per hour, \$10/class.
(Snow date Saturday, Jan 21)

OCTOBER UPDATE FROM OUR TRAFFIC SAFETY COMMITTEE

Our CSCA Traffic Safety Committee continues to work with various Montgomery County government agencies to explore all possible traffic calming options for Fenway Road. The CSCA Fall Meeting will include representatives from the County to discuss these options.

The CSCA Fall meeting will be held on October 17th (Monday evening) at 7:00pm at the Club. We invite all neighbors to attend – beer and wine and light snacks will be served.. Members of the County DOT will attend and share their speed study data and potential traffic calming options with us. The goal of this meeting is to educate our neighbors before distribution of the neighborhood survey.

Before the meeting, at your convenience, please read the following documents which we've linked to our CSCA website, www.carderockcitizens.org:

1. Our "Traffic Safety Measures Comparison" for Fenway Road as of October 2016: This document is a working summary to date of our collaborative efforts with the DOT, the DEP, and the MC Police. In this document, we've sorted the traffic safety measures into three categories: "An Option," "Maybe an Option," and "Not an Option." On September 22nd, two members of the DOT met with a member of our committee and a member of our CSCA Stormwater Committee to study Fenway Road and to discuss the options.

2. The FHA and ITE report titled "Traffic Calming: State of the Practice": Per the FHA website: "The purpose of this report is to provide balanced information so readers can make their own informed decisions." For quick reference points to this report, we've compiled notes on page two of the "Traffic Safety Measures Comparison." They include information regarding: traffic calming impacts on safety, traffic levels, collisions, street life, property values, noise levels, etc.

3. A "key" to the April 2016 MCDOT traffic study below

4. The April 2016 MCDOT traffic study on Fenway Road (SB - southbound)

5. The April 2016 MCDOT traffic study on Fenway Road (NB - northbound)

Additional Steps:

The DOT will conduct another speed study along Fenway Road.

Survey: We will distribute a neutral, fact-based survey to our neighbors to gather their opinions. This survey will be vetted by fellow neighbors who have professional experience with surveys. Once the survey results are captured, the CSCA will share them with the community.

Finally, the decision on the implementation, or not, of any traffic calming measures will be made by the CSCA Board.

Karen Roman, Julie Weber, Bill Moore and Bill Draper, CSCA Traffic Safety Committee

INTERNATIONAL PROGRESSIVE DINNER

SATURDAY, NOVEMBER 12

starting at the club at 5:30 PM

This is how it works....In the next couple weeks, I will be rounding up people to host some national entree (we already have Indian, Israeli, Italian).

Others can sign up to host a salad or soup, dessert at your home or bring the wine, all with the same national cuisine as the entree.

On Saturday, November 12th, we'll all gather at the club for drinks and nibbles.

Then groups of 10 or 12 will go to the salad or soup house, then the entree house, and end up at the dessert house.

PLEASE CONTACT Phil Rider (pmrbthmd@yahoo.com) ASAP IF YOU CAN HOST ANY OF THE COURSES or WANT TO BRING THE WINE.

As you can imagine, this takes some organization, so the sooner we know who will host a course, the easier it will be.

Once I know everyone who wants to participate, I'll organize the groups and let you know which national theme you'll be part of.

Carderock Rainscapes Demonstration Project

This project was conceived and designed to capture and absorb storm water runoff on the narrow, steep slope between two homes in Carderock. The Carderock Conservation Committee (C-3) received funding from the Chesapeake Bay Trust to help defray costs of this Rainscapes Demonstration Project.

Jeff Ludwig and Elinore Boetke offered their residence at 8115 Lilly Stone Drive as a site for the project and the Carderock Committee accepted their offer since their residence had significant water problems common to many Carderock homes: concentrated storm water run-off from homes located up-hill and adjoining properties. Since the project was installed in June, the homeowners report a significant decline in runoff pooling in their driveway and front walk after storms.

Landscape architect Lisa Wilcox Deyo worked closely with Montgomery County Rainscapes staff to design an attractive and functional terraced garden that absorbs water, slows its movement and helps direct water to an existing storm drain. The project planners also worked with the Ludwig's neighbor to install an underground pipe that directs water from the neighbor's yard to a storm drain at the bottom of the stairs.

The 360 SF slope is planted with a variety of native deer-resistant plants, including a serviceberry tree. The native plants will fill out, are deep rooted, and are helping to absorb runoff, which the residents have already observed. The modular Envirobloxx walls were installed to create a flat area at the base of the hill where water can pool and absorb.

A rich compost soil mix encourages water infiltration while also providing native plants with a medium conducive to a long and healthy life. The walls are constructed of lightweight, interlocking hollow units filled with “Grosoxx”, heavy-duty tubular mesh bags containing absorbent soil that have also been planted. The “living walls” also filter pollutants as the water slowly move down the hill to a conservation garden located to the left of the retaining wall. The Envirobloxx –made of recycled plastic -- can be seen at the end of the driveway.

"You are welcome to walk up to the Demonstration Project at 8115 Lilly Stone Dr. and potentially get ideas that you may be able to use at your own home. (The Owner's have given their permission). There is a plant list available on the flyer in a box labeled Rainscapes near the mailbox. "

Lisa Wilcox Deyo and Sandy Dembski

1. Slope before



2. Final grading and Envirobloxx walls



3. Newly planted slope

4. Close-up of Envirobloxx wall with planting



UNICEF 2016: Annual Fall Fest

Sunday, October 16th, 3 - 5 pm at the Club

Carderock Volunteers for UNICEF have been busy:

The Children's very own Micro Fundraising Projects are almost ready

Over 200 Raffle Prizes have been donated - Each ticket will win

California Tortillas has pledged 25% of Dining Out proceeds for UNICEF...So please come to Andrew's stand and get your ticket at the Fall Fest

Following Carderock's Tradition, our Volunteers will once again give out the little orange UNICEF collection boxes on October 31st, 5:30pm at the Club (just before the children's Parade)

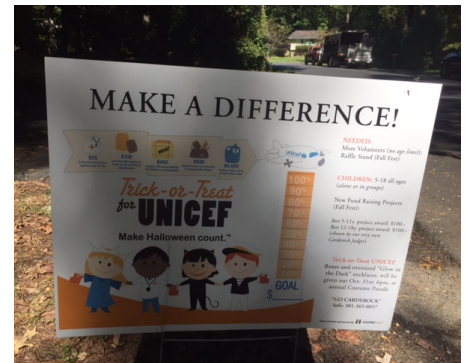
Each Trick or Treater can pick up and sign out a box and in return will receive a super Glow in the Dark necklace

After Halloween, the UNICEF boxes will be returned to our Banker: Cheryl Glaessner at 8328 Fenway Rd.

Did you know that Carderock has been named: Ambassador for UNICEF?

See you at the Fall Fest

Carderock Volunteers for UNICEF



The Carder-Eco Column

Looking for Projects:

If any individual or local group such as scouts would like to undertake a specific environmental project, I am available for help and guidance and, if appropriate, to support the specific initiatives with funding.

Drug and Medicine Disposal:

I have been informed that the next collection will be on October 22, 2016. You may place your unwanted items in the box at my doorstep (8027 Fenway Rd) before then, being sure to remove any identifying information, including your name. If you are concerned that these might be inappropriately picked up by someone else, we can schedule a date and time via e-mail and you can deliver them to me directly. If you prefer to deliver them yourselves, the police stations coordinate this (no specific addresses have been announced as of this date), but I always go to the station near the corner of Montrose Road and Seven Locks Road.

Keeping insects outside of your home during the winter

- Clean up debris, especially next to the foundation and remove bushes and branches that touch the walls or roof of your home (be judicious since Fall is not the appropriate time to undertake pruning)
- Seal up cracks with a low-VOC caulk, or for larger ones, you can even stuff with steel wool

- Check plumbing for leaks and install fine mesh over open drains such as the ones some of our houses have in our basements
- Clean out gutters and install splash pans, pipes/tubes or flexible tubing to direct water away from the foundation
- Keep fire wood stacks away from the house (even though less convenient)
- Recycle papers and magazines no longer needed and/or store what you do need in plastic bins, since critters like silverfish love the paper cardboard cartons

Triclosan in soaps

This past month, the FDA (finally) banned certain antibacterials from hand soaps, including triclosan in liquid soaps and triclocarban in bar soaps. The manufacturers did not demonstrate that such chemicals were safe for long-term use and more effective than plain soap and water. They deferred rulings on several other chemicals to allow for development and submission of data from these same manufacturers.

In the meantime, be sure to have your kids wash their hands with soap and water for 20 seconds, or while singing the “Happy Birthday” song twice. That is sufficient.

Planting bulbs

Just in case you were planning to add some Spring bulbs to your garden, here are a few hints. As for me, I have given up on tulips, unless you follow direction #7 below or treat them as annuals, to be replanted each year.

1. Plant in October after first frost but before frost has penetrated the soil.
2. Get varieties with “perennial traits” for blooms over several seasons from one bulb.
3. Buy organic. The flowers are brighter, stronger, and more fragrant.
4. Plant in layers. For a long season, bury late bloomers deepest, then mid-bloomers, and earliest on top, with soil in between.
5. Get deeper. Dig 6 to 8 inches down so bulbs don’t become squirrel food.
6. Mulch lightly. Heavy mulch stops soil from freezing and throws off bulbs’ timing.
7. Foil voles and squirrels. Form a bowl of chicken wire under bulbs and lay wire over them, just under the soil’s surface.
8. Stop watering when leaves begin to die. But don’t cut leaves until brown. Bulbs are nourished by aging foliage.
9. Dig up bulbs in rainy zones. Store in a dry place and replant in fall.

Diane Karlik (dianekarlik@verizon.net) CSCA Environmental Chair

Architectural Review Committee Meetings

1st Wednesday of the month, 7:30 pm

The Citizens’ Association has an Architectural Review Committee (ARC) meeting on the 1st Wednesday of each month at the Clubhouse. If you are considering an addition or exterior modification of your home, submit your plans for review by the 20th of the month. Design and review procedures plus other documents are available at CarderockCitizens.org. The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any & every community member to attend, whether you are renovating or not.



Wonderful Newcomers Party at the Club

September 25th

There were at least 13 new families and over 115 people in attendance.

RESCHEDULED

Our Daffodil Tribute to Mary Lou Shannon Volunteers Needed

Saturday October 29, 10am (rain date Sunday October 30)

As noted in last month's CSCA newsletter, an effort is underway to recognize Mary Lou Shannon (who recently moved to Pennsylvania) for her many contributions to our community and to bring more spring joy to our neighborhood. The original planning date of October 1 has now been pushed back to Saturday, October 29. The reason is two-fold: 1) the daffodil bulbs now won't be shipped until mid-October and 2) no one has reached out to me to help plant them. So, Please, if you can, join me on October 29 at 10 am to dig holes, plant bulbs and lay down a blanket of mulch to keep them warm over the winter. Just drop me a line to say you are game to assist, even for just an hour or two. The payoff will be a beautiful boost to our Carderock community in the spring. And if Girl Scout and/or Boy Scout troops would like to participate, I'd be happy to coordinate with their leaders about involvement on a convenient day for them. Many thanks in advance.

Anne Carlson .. CarlsonGardens@gmail.com

CSCA Monthly Board Meetings

3rd Monday of the Month, 7:30 pm

The Citizens' Association Board meets the 3rd Monday of the month at the Clubhouse. The meetings are open to all community members.

Classified

Cabin John Dog Walking: Midday walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn at 240-204-2953.

Looking To Rent: A Cabin John renter for many years, responsible, mature, is seeking to rent basement apartment/ in-law cottage/ or similar space. Excellent Cabin John and Carderock references, please call Carolyn (240) 204-2953.

Dry Cleaning/Laundry Home Pickup & Delivery in Carderock by Super Cleaners

Want extra time in your week? Consider skipping your weekly visit to the dry cleaners! **Super Cleaners**, located in downtown Bethesda, now offers **free** twice a week pick up and delivery directly to your Carderock home. All dry cleaning, shirts, wash 'n fold laundry and household items are cleaned in our downtown Bethesda plant - we are not middlemen!

Sherry Gratz, a Carderock resident, already values our high quality work and customer service. Why not see if you agree?

Call for more information or to sign up at 301.986.9000. Or visit our website at supercleanersusa.com. Mention this ad and receive 25% off your first order.

Carderock Springs Board Members

Jack Orrick	<i>President</i>
Bill Moore	<i>Vice President</i>
Stefan LoBuglio	<i>Secretary</i>
Rob Gorman	<i>Treasurer</i>
Sindy Udell	<i>Member-at-Large</i>
Bill Draper	<i>Member-at-Large</i>
Seth Hertlein	<i>Member-at-Large</i>
Yvette Quintela	<i>Member-at-Large</i>
Julie Weber	<i>Member-at-Large</i>
Larry Ondrejko	<i>Club Liaison</i>
Noëlle F. Lewis	<i>Newsletter Editor</i>
Doug Soe-Lin, Scott Wilets, Katherine Stifel	<i>Architectural Review Committee</i>

The Carderock Springs Citizens Association publishes The Community News at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2016. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.