

# M A R C H 2 0 1 5 CARDEROCK SPRINGS COMMUNITY NEWS

## CSCA ANNUAL SPRING MEETING

SUNDAY, APRIL 26, 2015

6:30 PM Wine and Cheese Social

7:15 PM Annual Meeting with election of officers followed by a presentation by Artis Senior Living on the proposed Alzheimer's facility on River Road (see article page 4)

### Slate of Officers:

President - Jack Orrick

Treasurer - Rob Gorman

Membership - Barbara Ames

Member at Large - Anne Carlson

Member at Large - Stefan LoBuglio

Vice President - Bill Moore

Secretary - Donna Schwartz

Club Liaison - Larry Ondrejko

Member at Large - Julie Weber

**All members of the community are encouraged and welcome to attend this important annual association meeting.**

### ***Carderock Springs Community Calendar***

*All events are at the Club unless otherwise noted*

<u>Day/Date</u>	<u>Time</u>	<u>Event</u>
Tues, March 17,	2pm	<u>Turn the Chaos Into Keepsakes!</u> – Alison Ewing (page 6)
Sun, March 22,	7pm	<u>Montgomery Co. RainScapes.</u> – Pamela Rowe (page 3)
Tues, April 21,	2pm	<u>How Far Have We Come? The Life &amp; Times of Country Doctor Edward Stonestreet in the 1800s</u> (page 4)
Sat, April 25,	10-noon	<u>The Care of our Trees.</u> – Environmental Committee's Spring Program. Meet at the club (page 5)
Sun, April 26,	6:30pm	<u>CSCA ANNUAL SPRING MEETING</u> , Wine and Cheese Social – Meeting with election of officers and presentation by Artis Senior Living on the proposed Alzheimer's facility on River Road (page 4)
Sun, June 7,	2 – 5pm	<u>Carderock Citizens' Association House Tour</u> (page 6)

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## More Carderock Springs Covenants\* to Know

As part of the ongoing CSCA campaign to educate old-timers and newcomers about the Carderock Springs covenants,\* below are a few more things to know.

◆Fencing should be horizontal, rustic, unfinished split rail or vertical split cedar, and covenants for some properties restrict fencing in the front yard or to a specific distance from a dedicated road. Any new fencing should be reviewed by the ARC in advance of installation. The Design Guidelines published by the ARC in 2007 contain helpful guidelines on the location and design of outdoor fencing – see

[http://www.carderockcitizens.org/site/1/docs/ARC\\_-\\_Design\\_Guidelines.pdf](http://www.carderockcitizens.org/site/1/docs/ARC_-_Design_Guidelines.pdf)

◆No junk vehicles or house trailers shall be kept on any lot.

◆Exterior house colors are subject to review by the Carderock Springs Architectural Review Committee (ARC). Why? The overall tones of Carderock Springs homes are natural, earthy and muted in keeping with our woodland setting. Bright and bold colors are reserved for accent elements. So, please, contact the ARC before making an exterior color change.

\*The Carderock Springs covenants are a set of principles, guidelines and conditions that help keep our community safe, attractive and unique. Every homeowner should be familiar with the covenants. A complete set of the covenants for your property is available on the [www.carderockcitizens.org](http://www.carderockcitizens.org) website.

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## Last Month's Community Pot Luck to Welcome the 2014 Newcomers

Community is what Carderock is all about, and the newcomers' welcome event is an excellent example of that. Those who have recently moved in are heartily and genuinely welcomed into the fabric of the Carderock neighborhood, where neighbors new and old actually know one another. In transient metro DC, that's unusual! *From Margie Orrick*



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## Rainscapes Myths

Myth: Rainscapes are always gardens. Fact: In Montgomery County, Rainscapes include design techniques that include permeable paving, dry wells, cisterns and rain barrels – all can help reduce stormwater runoff from individual properties.

Myth: Rain gardens are wet bogs. Fact: Rain gardens are saucer-shaped gardens that are placed slightly lower than the surrounding ground, designed to capture stormwater runoff so it absorbs into the ground within 24 hours.

Myth: Rocks do not absorb stormwater. OK, they don't, but the spaces between them do. That is why different stones from gravel to boulders are effective in dry wells and ditches as speed bumps, slowing down rapidly moving water, allowing it to infiltrate into the ground. Most permeable pavers are not porous either, but they are set in fine gravel that captures runoff and directs it into the ground.

Myth: All trees are umbrellas in rain storms. Fact: Not all trees act as umbrellas. The leaves of the American Beech angle up like tiny saucers, catching rainwater and directing it towards the center of the tree and down the trunk. For a storm of slightly less than 1 inch, this common Carderock tree can capture and absorb 18.7% of water. (Statistics from an Urban Forestry Study in Kamloop, Michigan.)

*Lisa Wilcox Deyo, Master of Landscape Architecture*

## Speaker on Montgomery Co. RainScapes

**Pamela Rowe**

**Sunday, March 22 at 7pm at the Clubhouse**

At the meetings last August and November we discussed the severe problems Carderock homeowners are having with torrential rains. We heard about longstanding pools of water, flooding in garages and lower levels of your homes, water overwhelming gutters, and water coming from streets and neighbors' properties at a higher elevation. Erosion and damage to properties is serious and getting worse. This spring is likely to bring more torrential rains.

After the August meeting, the Board formed a subcommittee (Carderock Conservation Coalition (C3)) to follow these issues. In November, C3 wrote a grant to the Chesapeake Bay Foundation, and hopes to get substantial funds for education on managing storm water in Carderock.

Three workshops are planned to look at solutions. Though not "cures", our workshops will discuss different options to slow the water down. In the first workshop Pamela Rowe from the County RainScapes program will talk about techniques to absorb more of the rainwater coming with torrential rains. At the workshop lists will be available of landscape architects and other landscape professionals who have taken the RainScapes training and completed projects. Handouts will also be available to identify the sun and shade plants that best absorb rain water.

This workshop will be a great opportunity to talk with Pamela Rowe about RainScapes. Our handouts should help not only for RainScapes projects but for finding professionals to help with other solutions and for do-it-yourself projects.

## **Not Just for Seniors: MeetUp Program**

### **How Far Have We Come??**

#### **THE COUNTRY DOCTOR IN THE 1800s**

**Tuesday, April 21, 2015, 2 pm. – Mark your April calendar!**

Come hear Dr. Edward E. Stonestreet (portrayed by volunteer Clarence Hickey from the Montgomery County Historical Society {MCHS} in period attire and with his 1885 medical bag) tell us about life and historic times when he practiced medicine in Montgomery County from 1852-1903. Dr. Stonestreet served three tours with the Union Army during the Civil War; ministered to the poor at an almshouse on Falls Road; was a lay preacher in his church; and became the County's 1<sup>st</sup> public health officer.

Articles on Clarence's interpretations and reenacting have been published in numerous publications including AMA's American Medical News, the Washington Post, The Beacon, and Bethesda Magazine to name only a few. It is based on the speaker's 2009 biography ***Send for the Doctor*** which chronicles Dr. Stonestreet's medical education and 51-year medical practice of house calls and office visits as loyal family physician and surgeon responding to accidents and injuries serving in Rockville and the county.

Following his presentation, Mr. Hickey will step out of character to answer any questions you may have.

This is sure to be a very interesting program for any age – tell your friends!

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## **New Alzheimer's Care Facility Planned on River Road**

A new Alzheimer's care facility is planned on River Road across from the entrance to Carderock Springs Drive. Artis Senior Living of McLean, VA, a company with experience constructing and operating similar facilities (including Olney Assisted Living), has plans for a single story building to replace the current 10-bedroom house at the top of the hill. The company seeks to provide Bethesda and Potomac residents with a nearby choice for seniors needing extra care. The company has filed an application with the Park and Planning Commission to build a 72 bed facility, with underground parking, for individuals suffering from Alzheimer's and similar forms of dementia. The plans are being reviewed at this time, and no public hearings have yet been scheduled.

To address concerns about traffic, landscaping, lighting and other matters, Artis representatives have agreed to meet with the Carderock Springs community at the CSCA Annual Meeting, which will be held on Sunday, April 26.

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## **CSCA Monthly Board Meetings**

**3<sup>rd</sup> Monday of the Month, 7:00 pm**

The Citizens' Association Board meets the 3<sup>rd</sup> Monday of the month at the Clubhouse. The meetings are open to all community member to attend.



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## **The Carder-Eco Column**

### **Environmental Committee's Spring Program**

#### **The Care of our Trees: Saturday April 25, 10-noon, meet at the club**

I am pleased to announce that a certified arborist from Conservation Montgomery will come to our community to lead a walk around the neighborhood to talk about our trees and what we can do to care for and protect them. He will demonstrate proper techniques and answer any questions you might have.

Although similar classes are held elsewhere and at other times, this walk will concentrate on what we have here in Carderock Springs, and will be specific rather than generic. It is an opportunity for advice and hands-on information.

Place on your calendars now!

**Environmental Film Festival in D.C. March 17-29**, Visit [nature.org/eff](http://nature.org/eff) for more information.

*Diane Karlik (dianekarlik@verizon.net) CSCA environmental chair*

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### **New to our Neighborhood**

Paola and Enrique Perret moved into 8304 Fenway Road with their son Jeronimo 3½ and daughter Macarena 1½. Paola can be reached on [paolabertran@hotmail.com](mailto:paolabertran@hotmail.com).

Eric Kam and Carmen Chan moved to 7024 Buxton Terrace. You can reach them on [eric.kam.public@gmail.com](mailto:eric.kam.public@gmail.com)

Welcome to both families!

*Mary Lou Shannon Welcome Chair*

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### **Architectural Review Committee Meetings**

**1<sup>st</sup> Wednesday of the month, 7:30 pm**

The Citizens' Association has an Architectural Review Committee (ARC) meeting on the 1<sup>st</sup> Wednesday of each month at the Clubhouse. If you are considering an addition or exterior modification of your home, submit your plans for review by the 20<sup>th</sup> of the month. Design and review procedures plus other documents are available at [CarderockCitizens.org](http://CarderockCitizens.org). The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any & every community member to attend, whether you are renovating or not.

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### **Classified**

**Cabin John Dog Walking:** Midday walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn at 240-204-2953.

**Looking To Rent:** Basement apartment or similar. Long-time Cabin John renter is looking to rent private space, quiet and responsible with Cabin John and Carderock references, call Carolyn (240) 204-2953

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**Save the Date:  
Carderock Springs Citizens' Association  
House Tour**

**Sunday June 7, 2015, 2 – 5 pm.**

Come tour a number of recently renovated homes in Carderock Springs and get ideas on ways your neighbors have updated their homes. More details to follow.

**Turn the Chaos into Keepsakes!  
Tuesday, March 17 at 2 pm. Senior Program  
at the Clubhouse**

Carderock resident Alison Ewing, founder of ***Outtatheboxes!***, will inspire you to tackle the boxes and boxes of photographs gathering dust in your closets. With today's technology it's easier than ever to manage those priceless photos and turn them into beautiful and long-lasting keepsakes that you and your family and friends can enjoy for generations. From photo books to slide shows to unique one-of-a-kind gifts...

Come join us and learn how you can protect and share your memories!

[www.outtatheboxes.com](http://www.outtatheboxes.com)

Questions? Kathleen Goldsmith [goldsmithkit@aol.com](mailto:goldsmithkit@aol.com)

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**Carderock Springs Board Members**

<i>Phil Rider</i>	<i>President</i>
<i>Jack Orrick</i>	<i>Vice President</i>
<i>Donna Schwartz</i>	<i>Secretary</i>
<i>Rob Gorman</i>	<i>Treasurer</i>
<i>Barbara Ames</i>	<i>Membership</i>
<i>Larry Ondrejko</i>	<i>Member-at-Large</i>
<i>Anne Carlson</i>	<i>Member-at-Large</i>
<i>Bill Moore</i>	<i>Member-at-Large</i>
<i>Noëlle F. Lewis</i>	<i>Newsletter Editor</i>
<i>Doug Soe-Lin, Scott Wilets, David Wahl</i>	<i>Architectural Review Committee</i>

The Carderock Springs Citizens Association publishes The Community News at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2015. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.