

# CARDEROCK SPRINGS Community News

We are a community recognized by the **National Register of Historic Places** as a prime example of Situated Modernism, where houses complement and blend in with the natural landscape.

## Vaccine Clinic Success

Kudos to Carolyn Finney LoBuglio, Rosemary Oshinsky, Bei Wu, Laurie Bravo and other Carderock neighbors for organizing a vaccine clinic in October at the peaceful Carderock clubhouse. Giant Pharmacy provided 4 pharmacists who administered 210 vaccines to 160 participants who lived in Carderock and neighboring communities. Vaccines offered included Covid Pfizer boosters, flu (High-Dose for those 65+ and regular), tetanus, shingles, Hepatitis-B, Pevnar 13 and Pneuovax 23.



## Community Calendar

### Saturday Nov 13, 1 pm

*Pickleball demonstration at the Club by a Pickleball Ambassador*

### Ending Sunday Nov 14

*Last day of a 7 day event to observe/report on condition of Cabin John Creek to Creek Keepers*

### Monday Nov 15, 7:30 pm

*Monthly CSCA Board Meeting via Zoom*

<http://carderocksprings.net/zoom>

### Thursday Nov 18, 7:30 pm

*Annual CLUB Election/Membership Meeting via Zoom*

<https://zoom.us/join>

ID 886 1760 9578, Passcode 652704

### Wednesday Dec 1, 7:30 pm

*Architectural Review Committee (ARC) monthly meeting via zoom. Contact [cscarc@gmail.com](mailto:cscarc@gmail.com)*

### Monday Dec 6, 8 pm

*Carderock Chautauqua #3 at Clubhouse and Zoom: <http://carderocksprings.net/zoomch>*



## Carderock Chautauqua Dec 6 at 8 pm

The 3<sup>rd</sup> installment of the 2021 Carderock Chautauqua is Monday, December 6, at 8 pm, both live in person at the Clubhouse (with your mask, please) and also on zoom: <https://carderocksprings.net/zoomch>

The December presentations are:

### *Early Carderock History – 1800's to mid 1900's. By Jack Orrick*

Before Edmund Bennett purchased the property that he developed into Carderock Springs in the mid 1960's, the area was home to the Stone family, which developed the stone quarries in the area that were used to construct the C&O Canal locks, and the Magruder family, which farmed the land and established a paper mill near the present entrance to Carderock Springs. One of the more notable descendants of the Moore family was Lilly Stone who lived a long and accomplished life and whom Lilly Stone Drive was named for. Jack will discuss the history of these families and the stories of the people who lived in our neighborhood of Montgomery County prior to the development of Carderock Springs.

### *Fairy Tales - Not Just for Children. By Glenn Miller, MD*

Dr. Miller will discuss the deeper side of fairy tales including their importance, psychological meaning, how they target emotional, moral, and intelligent aspects of children AND adults.

There is time for a 3<sup>rd</sup> presenter on December 6 – maybe it's You presenting something you are knowledgeable on that's unknown to neighbors?! Contact Carderock Chautauqua Chief Darrell Tanno [darrell82666@yahoo.com](mailto:darrell82666@yahoo.com) if you'd like to be a presenter Dec 6.

The November Carderock Chautauqua was quite informative with Carderock residents David Rosen dissecting KenKen Puzzles, Eric Caplan diving into the Origins of Psychotherapy, and Mira Shapiro discussing preventive measures and treatment of Lyme Disease.

The inaugural September Carderock Chautauqua started us off with Barbara Wolanin enlightening us with art at the U.S. Capitol, Darrell Tanno's insights into the Decameron and the Florentine environment that fostered it, and Rick Wilson's legal representation of a prisoner at Guantanamo.

**EIGHTY ENTERTAINMENTS**  
Lectures and Studies  
FOR TWO DOLLARS AND FIFTY CENTS

LESS THAN  
FOUR  
CENTS  
A PIECE

At The Great North Central Kansas  
**CHAUTAUQUA**  
AT  
CLAY CENTER, JULY 27 TO AUGUST 5

A Wonderful Array of Talent Will Be Present

**U.S. Senator Robt. M. LaFollette** | **Eugene V. Debs**  
Governor of Wisconsin, will speak on July 30, at 2 o'clock p. m. | The Great Labor Leader, July 31, at 2 o'clock p. m.

A BRILLIANT ARRAY  
OF  
ENTERTAINERS  
AND  
INSTRUCTORS

**Hon. E. W. Hoch**  
Governor of Kansas,  
August 2, at 2 p. m.

Speakers, Singers,  
Bands,  
Entertainers

**Bring Your Friends to the Grand Free Opening Night  
JULY 27, AT 8 O'CLOCK**

Please You Understand Your Ticket?

The Clay County Chautauqua Association,  
CLAY CENTER, KANSAS

# Planning a renovation? ARC Approval

As required by the covenants recorded against each lot in Carderock Springs, any *exterior* (but not *interior*) modification or additions to the structure on a lot must be reviewed and approved in advance by the Architectural Review Committee. This may include



but is not limited to the following:

- Additions
- Fencing and Sheds
- Exterior color schemes

The ARC meets monthly on the first Wednesday of each month at 7:30 pm. Meetings are open to all residents, whether you are renovating, planning to renovate or interested in listening. When your building project is approved by the ARC, then you will receive an approval sign to post in your yard.

The ARC meets via ZOOM so if you are planning a renovation, please contact the ARC by email [cscaARC@gmail.com](mailto:cscaARC@gmail.com) for further instructions regarding your plans for review and approval and to get the zoom link. Applications can also be dropped off at 8009 Hamilton Spring Road.

Further ARC information is on the website [www.carderocksprings.net](http://www.carderocksprings.net) including a 20 page guidelines document that reflects the architectural standards the ARC looks for in exterior modifications.

## WHY WE PROTECT OUR TREES

For Live, sound hardwood tree removal, which are also covered in the covenants, contact the Tree Removal Committee [cscaTREE@gmail.com](mailto:cscaTREE@gmail.com) for approval and to get an approval sign to post in your yard.

Our woodland community is a model of "situated modernism" where much of the existing woodland was preserved when the neighborhood was designed and built over fifty years ago, fitting in with the natural topography. A half century later, Carderock has an extensive mature tree canopy that helps provide privacy, welcome shade for homes, plus food for birds and pollinating insects. A tree canopy's environmental services are more important than ever since mature tree stands absorb and filter huge quantities of storm water which helps reduce downhill flooding and erosion. In a warming climate, trees provide shade, absorb CO2 and help reduce air-conditioning costs. The tree canopy in Montgomery County is steadily being lost to development and this makes our woodland neighborhood more special.

Trees can also become hazards as a result of climate change. The Tree Removal Committee can help you assess if your tree is dangerous and they can make recommendations. A *trained and licensed arborist* should also be consulted to recommend limbing vs. removal of a tree. ISA certified arborists are trained in tree science, care, and management. Beware of chainsaw-wielding, low-priced entrepreneurs who may do more harm than good.





# Knob Appeal: 15 Volunteers Needed To Refurbish Signs

There are many wood signs in Carderock:

- 3 Entrance and National Register of Historic Places (NRHP) signs: Done, restored
- 2 Swim and Tennis Club directional signs: Done, restored
- 15 Knob address signs: TO BE DONE.

What's a knob? It's a group of homes on a cul de sac with a name such as Rock Hill.



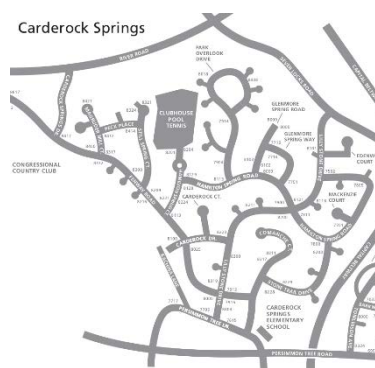
During the past year, the CSCA has supported the restoration of the Carderock Springs entrance signs and the installation of two new NRHP signs at the two locations on River Road and Persimmon Tree Lane. Additionally, the Carderock Swim and Tennis Club has also supported the installation of a new sign and refurbishment of a Club directional sign located on Fenway Road and Hamilton Spring Court. However, now the address signs at each of the 15

knobs need some updating. If you live on a knob and want to beautify our situated mid-century modern community, please VOLUNTEER. It's a great way to get to know other knob neighbors.

Carderock resident Ken Hinga, along with Jack Orrick, Tom Deyo, Barbara Wolanin, Susan Eastman, granddaughter Shai Eastman, and Melissa Wilets, have worked as a team for over a year to design, seek county permits, repair and re-letter the new signs.

But now we need more VOLUNTEERS for the knobs. Ken Hinga has written a very detailed procedure to refurbish the knob signs, which includes him detaching the sign when each volunteer agrees to work on it. He will then help restore the cross pieces of the support structure of these address boards. Paint, filler, brushes, and other materials will be provided by the CSCA.

Some knob signs need deep cleaning, background paint and white paint lettering while others need serious work or perhaps replacement.



*Carderock map of Knob locations*

To volunteer your woodworking or painting talents for updating these 15 knob signs, please contact [SueEastman@aol.com](mailto:SueEastman@aol.com), or [Katalinroth@gmail.com](mailto:Katalinroth@gmail.com). Please read Ken Hinga's instructions on the following page.

*Sue Eastman  
Katalin Roth*

# Instructions to Renovate the Carderock Knob Signs

Once the lettering board has been repaired, if needed, it is ready for fresh paint. The boards will have been removed so all the surfaces can be treated.

1. Wire brush out any loose paint. Loose paint is likely to be found in the white paint of the lettering. Take care not to damage the edges of the letters. A half-inch wide wire brush should work adequately.
2. Some light sanding (not all the way through the paint) can be used on the flat surfaces to help prepare for painting.
3. Wash the surface with a TSP tri-sodium phosphate solution. (Instructions are on the box. TSP is available at any hardware store.)
4. Prime the entire board with a coat of primer. A roller may be used, but use a brush to get into all the lettering grooves.
5. Put down a base coat of white paint in the lettering grooves. The white paint should extend past the edges that will later be covered with the brown paint. This will assure there are no gaps in coverage at the white-brown edge.
6. Apply the brown paint. This may be done with a roller
7. Apply the finish coat of white paint in the lettering. This is where the detail work comes in.
8. Some touch up of brown and again white may be necessary to get the edges of the lettering well defined.
9. Clean, prime, then paint the support structure the Carderock brown. Use a 4 inch putty knife to pull back dirt and vegetation where the posts enter the ground in order to get the paint to ground level.

10. The completed sign needs to be reattached (bolted) to the support structure.
11. After reattachment, touch up the heads of the attachment bolts with brown paint to help them better blend in.



To volunteer your woodworking or painting talents for updating these 15 knob signs, please contact [SueEastman@aol.com](mailto:SueEastman@aol.com), or [Katalinroth@gmail.com](mailto:Katalinroth@gmail.com).

## New Board Members Sought for CS Citizens' Association, Spring 2022

Interested in helping to serve the community? Have a great idea for ways that you can help the CSCA to better achieve its mission? A number of the current board members have served for an extended period of time and are looking to cycle off and are willing to help train new board members. Our election will be held in April 2022 so you have some time to consider your time and talents. Contact Jack Orrick if interested: [cscapres@gmail.com](mailto:cscapres@gmail.com)

# The Carder-Eco Column

## News from the Environmental Committee

### BATTERIES

Batteries of all types (**lithium, rechargeable, alkaline etc**) now are to be discarded as **toxic waste**. Thank you to Francisco Gonzalez for collecting these monthly from Carderock neighbors and taking them to the transfer station off of Shady Grove Road. Look for date scheduling details and reminders in the newsletters and on the CS-Chat.

### TRASH and RECYCLING SCHEDULE

The next holidays (Thanksgiving, Christmas and New Year's) do not conflict with **Tuesday** trash and recycling pickups so weekly trash days remain the same on Tuesdays, they are not bumped one day.

### YARD WASTE and RECYCLING

Please note that yard trash for Montgomery county must be placed in **reusable containers** or **approved large paper bags** sold everywhere for that purpose. You may not use smaller paper grocery bags or any plastic bags.

Large, loose **twigs and brush MUST be bundled with twine** to a maximum 30 inches diameter, max length of 4 feet and weigh less than 45 pounds.

**Larger individual branches** may be up to 4 feet length and up to 4 inches diameter each and no more than 45 pounds.

### LEAVES

In Carderock we DO NOT have county curbside leaf collection. You or your lawn service are responsible for removal. This has come up for discussion a number of times over the years, and the majority of homeowners have felt that leaf piles that are seemingly awaiting pick up for weeks and weeks, and getting wet or frozen, are dangerous on our narrow roads.

Consider **placing your leaves in your own wooded area**...the worms will have a party and you reap the benefits in the spring by collecting the castings for your gardens...the gold standard of but otherwise expensive natural fertilizer.

Please make sure you do not pile leaves in the roadway since they could impede safe movement by pedestrians, bicycles and vehicles. If you or your lawn service cannot remove the same day, please make sure they pile the leaves on the easement (ROW) and not on the paved roads.

### TRASH

Some of you may not be aware that our Carderock covenants state that trash as well as empty trash receptacles are to be placed out of sight from the street at all times until trash time. They should not be in front of garages, for example.

We all realize that at times doing this might not be convenient, such as circumstances when you have collected a lot of debris after a storm, for example, and it is not reasonable to expect folks to drag it up the driveway.

Thank you for adhering to the county regulations and Carderock covenants.

(Carder-Eco, cont.)

## LINKS

Links that may interest you:

### Does Our View of Architecture Change When We Talk Carbon, Not Energy?

A new project in Quebec raises many questions about how we look at buildings:

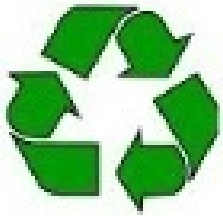
<https://www.treehugger.com/how-to-look-at-architecture-in-low-carbon-world-5205390>

### Gardening

<https://www.treehugger.com/there-are-many-problems-a-garden-can-solve-5206194>

### Sustainability and Frugality

<https://www.treehugger.com/habits-frugal-people-4858561>



*Diane Karlik*  
CSCA Environmental chair

## FoCJC Creek Keeper Opportunity Sat Nov 6 - Sun Nov 14

Friends of Cabin John Creek (FoCJC) have a week-long **new event** that gives you an opportunity to do something fun – spend time along Cabin John Creek – while making a difference to your environment. You can be a volunteer environmental monitor walking any segment of the Creek and document what you see – both the good and the bad! We'll use this information to help us plan our stewardship programs for maximum impact on the health and beauty of the CJC Watershed.

**Anyone who is 12 years old or up** who cares about the creek and can **monitor a quarter mile** or more along the creek can become an FoCJC Creek Keeper. Walk any time that's convenient for you, **between Saturday, November 6, and Sunday, November 14.**

Document the **general state** of the Creek, look for any signs of **physical disturbance** (eroded banks, tree cages or other debris in the creek), and note the location and photograph them. A **camera with geolocation ability** would be helpful but is not required. Just observe and report the conditions; do not try to fix anything. Each volunteer should register for the 2021 Creek Keeper Event:

<https://www.cabinjohncreek.org/creek-keepers-2021>

**Questions?** [tina@cabinjohncreek.org](mailto:tina@cabinjohncreek.org)



Cabin John Creek



# Fun at the Annual Carderock Fall Fest, October 2021



Left: The Band



Right:  
Climbing Wall



Left: Kid Games, by kids and for kids  
(Yes that's the much-loved Toilet Paper Toss  
in the background)

Below: Chili Contest!





# Classified

## Dentist



"Oral Health is the Key  
to Whole Body Health"

**Natural Dentist Associates** provides family dentistry that combines the use of traditional practices coupled with natural and holistic methods to provide our patients with a personalized treatment plan tailored to meet their whole-body health needs. We believe that teeth are an integral part of your body and overall health. Our highly skilled dental team is well-equipped to provide a wide variety of dental services in our state-of-the-art facility located in North Bethesda, MD. Services:

- Fillings and crowns
- Amalgam filling removal
- Airway dentistry
- Sleep apnea
- TMJ treatment
- Ozone therapy
- Dental implants
- Zirconia implants
- Orthodontics and invisalign
- Sedation dentistry
- Pediatric dentistry
- Dental materials testing

Dr. Kimberly Baer, Dr. Jennifer  
Tipograph, Dr. Ashley Brown.

<https://NaturalDentistAssociates.com>

5809 Nicholson Lane T123,  
North Bethesda, MD 20852  
Phone: 301 900 5199

## Cabin John Dog Walking



Midday walks to keep your  
pets happy and healthy.

Many happy Cabin John and  
Carderock pet owners and their pets  
will happily give their  
recommendations. Call Carolyn  
240-204-2953.

### **Advertise in this NEWSLETTER:**

**\$10 for 1 issue or \$55 for 1 year in all  
CSCA newsletters. Submit payment via  
Venmo (friend @CarderockSpringsCA),  
Paypal (paypal.me/Carderock) or  
snail mail to CSCA, PO Box 237,  
Cabin John, MD 20818-0237.**

## Farewell

Carderock sends condolences to the family of **Mickie Simpson**, a realtor living in South Carderock and member-at-large CSCA board member. Known for her creativity, most recently she created a fun ice-breaker game for the Annual Newcomer's Dinner. Mickie was also active over the years with the Cabin John Citizens' Association. She passed away in late October after a rigorous battle with cancer and is survived by her husband of 24 years, Dave, her daughter Aleksandra and son Arek, 3 younger brothers and her mother. We will all miss her.



# Pickleball Demo Saturday Nov 13, 1:00 pm



Come learn what the increasingly popular pickleball game is about. A Pickleball Ambassador will be on Court 5 at 1:00 pm on Saturday, Nov 13 to demo the sport.

Pickleball is a combination of badminton, table tennis and tennis and is easy for beginners of all ages to learn. The hand-eye work can even improve your tennis volleys!

Questions? Contact Pickleball Personality Darrell Tanno [Darrell82666@yahoo.com](mailto:Darrell82666@yahoo.com)



**CARDEROCK SPRINGS**  
National Register of Historic Places

The Carderock Springs Citizens' Association publishes the *Community News* at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens' Association for an annual due of \$50 for a membership year ending December 31, 2021.

Dues and family information for the Carderock Springs directory may be made online via Paypal [www.paypal.me/carderock](http://www.paypal.me/carderock).

Venmo (friend @CarderockSpringsCA and in the comment "What's it for" include your address), or mailed to the Carderock Springs Citizens' Association at Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.

## Carderock Springs Citizens' Association Board Members

Jack Orrick, *President*

Tom Deyo, *Vice-President*

Gary Ratner, *Secretary*

Ashish Goel, *Treasurer*

Bill Draper, *Membership Secretary*

Sue Eastman, *Member-At-Large/ARC Liaison*

Petra Jacobs, *At-Large/Beltway Task Force Liaison*

Katalin Roth, *At-Large*

### *Architectural Review Committee (ARC)*

Douglas Soe-Lin, *ARC*

Sandy Silverman, *ARC*

Katherine Stifel, *ARC*

Scott Wilets, *ARC*

Margie Orrick, *Newsletter Editor*

Larry Ondrejko, *Club Liaison*