

CARDEROCK SPRINGS Community News

We are a community recognized by the **National Register of Historic Places** as a prime example of Situated Modernism, where houses complement and blend in with the natural landscape.

MoCo Energy Conservation Speaker Larissa Johnson



To save energy, think 4 ways....Ride, home, kitchen and yard. A few of the valuable pieces of information which Larissa Johnson, Residential Energy Program Manager of the MoCo Dept of Environmental Protections, shared with us at the May 2023 CSCA annual membership meeting included:

- Ride: use transit, E vehicles (wait a bit longer for better rebates), drive less by scheduling errands together.
- Home: consider electric heat pump (wait for better rebates later), purchase items at cost on the “PEPCO Marketplace”, program thermostats for summer temps at 78 degrees and winter at 68 degrees, don’t turn thermostat off or way down for travel because it consumes much more to warm up/cool, switch to LED lightbulbs for big energy savings. Finally, if you have not done so, schedule a home Energy Check Up (free) or Home Performance Audit (\$100) via PEPCO.
- Kitchen: consider induction cooktop, cook small amounts in a toaster oven or air fryer rather than oven, keep refrigerators and freezers full to use less energy.
- Yard: swap out gas blowers and mowers for electric, check out <https://mygreenmontgomery.org/> for mowing a better way.

Also see <https://montgomeryenergyconnection.org/> for ideas and info.

Diane Karlik



Saturday May 27, 10 am- noon

*Conservation Montgomery
Tree Care 101 Class With Arborist,
meet at 8316 Lilly Stone,
\$25 check/person payable to
Conservation Montgomery*

Saturday May 27, 10:30 am

Pool opens for the season!

Wednesday June 7, 7:30 pm

*Architectural Review Committee (ARC)
monthly meeting at the Club
Contact cscarc@gmail.com*

Saturday June 10, 9:30 am – 11

*Cuppa Carderock with Ikebana
(flower) Workshop at Club!*

Wednesday July 5, 7:30 pm

*Architectural Review Committee (ARC)
monthly meeting at the Club
Contact cscarc@gmail.com*

Monday August 21, 7:30 pm

*Monthly CSCA Board Meeting
<http://carderocksprings.net/zoom>*

Saturday Sept 30, time TBD

Annual Newcomers Welcome Dinner

Farewell

Longtime beloved Carderock resident **Ann Doyle** passed peacefully April 21 at the age of 100. In addition to raising 5 children as a CIA spouse, she also worked for the agency in the 1980s and 90s and was part of the early Carderock Book Club. Ann was very active in her church where she was a Eucharistic minister and aided seniors with rides and meals. Accomplished, strong and flexible, Ann was also instrumental in working with congress to pass the CIA Spouse's Retirement Equity Act of 1982. She enjoyed volunteering for various charities such as SOME (So Others May Eat) and taught reading to inner city youth. She is survived by her children Katherine, Mark (Helen), Peter (Alice), Dave and Chris (Nancy), 12 grandchildren and 6 great-grandchildren.

Welcome New CSCA

Board Members

Welcome to new CSCA board members Rick Wilson, Brian Glenn and Steven Seitz. They join Jack Orrick, Maja Husar, Ashkan Malayeri, Ashish Goel, Bill Draper, Meaghan Curry, Sue Eastman and Katalin Roth as we build a strong community.

Newcomers Welcome Dinner September 30

The annual Newcomers Welcome Dinner on September 30 at the club will officially welcome those who have moved into Carderock in the past year. If you'd like to volunteer to help make it a memorable event, please contact cscasEvent@gmail.com.

Kimberly Young
CSCA Event Chair

Carderock House tour



Many thanks to Karen Ringo, Danielle Roessle, Melissa Wilets and Kimberly Young for successfully returning the house tour event to Carderock. On May 21 over 100 neighbors visited 7 interesting home renovations wearing booties so they would Leave No Trace. The 7 homes represented 4 different models: Hillcrest, Overlook, Clubview and Woodside. Comments included:

- From a homeowner- “The tour was a lovely way to get to know our neighbors.”
- From a tour attendee- “I got such great ideas on what I could do with my home.”
- From a volunteer- “I had a lot of fun!”

The event was such a success that the CSCA will most likely do it again in 2024. Please consider assisting with planning or showing your home by emailing Danielle danielleroessle@gmail.com and Kim cscasEvent@gmail.com.

Also, this year's attendees will be receiving an online survey about your house tour experience to improve future tours so watch for that survey.



Map of 2023 House Tour

CARDEROCK VILLAGE

One-Year Anniversary



Come to the next CUPPA:
Saturday, June 10,
9:30 to 11 am,
Courtside at Club
with Ikebana (flower)
Workshop

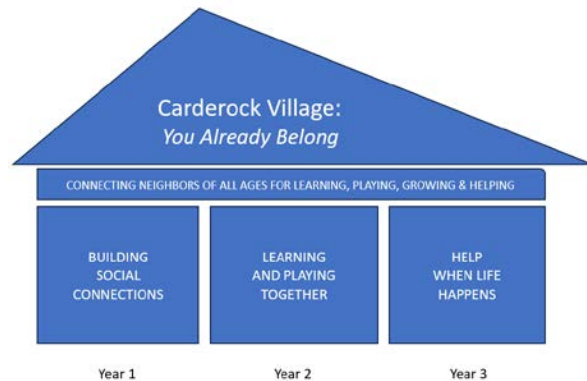
Carderock Village: You Already Belong

*Connecting neighbors of all ages for friendship,
learning, growing, playing & helping*

Your all-volunteer founding group of the Carderock Village (proud host of the monthly CUPPA event - Coffee & Connection for All at the Carderock Clubhouse) had a busy year:

- **We asked; you told us; we listened:** We conducted an all-ages Needs Assessment Survey at the Park Overlook Block Party, the Fall Festival, and at multiple CUPPA events to learn what services and supports would make our neighborhood more supportive and connected;
- **We interviewed** other Villages throughout the DMV and consulted with the Montgomery County Village Coordinator to learn what constitutes a successful system of neighbors-supporting-neighbors;
- **We researched and reaffirmed our commitment** to the origins and guiding vision of Carderock – an international and diverse community committed to its natural setting;

- **We hosted 8 CUPPA events**, featuring board games for kids of all ages and a plant exchange; big thanks to Larry and the CSSC for use of the clubhouse for CUPPA events;
- **We launched a grassroots outreach** with a spring Potluck Dinner with block and knob coordinators to explore the concept of the 12-Minute Neighbor campaign to create greater connection on a small-scale;
- **We confirmed our non-profit status**, thanks to the CSCA Board, and are under the CSCA’s 501c4 umbrella;
- **We committed to being a Village for ALL-AGES** – families with young children, teens, singles, retired folks, and seniors who seek support and connection



– as well as for introverts, extroverts, and omni-verts!

Stay tuned this fall for a roll-out of more Village events and activities to keep you connected, and please contact any of us below to join the fun and get involved.

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As Carderock Villagers, we believe in the inherent potential and generosity of individuals across generations. We aspire to connect neighbors of all ages for friendship, learning, growing, playing, and helping. We want to provide services and activities for all ages, with the opportunity to serve and support as well as to be served and supported.

Sue Eastman, Howard Harris, Maja Husar, Carolyn Finney LoBuglio, Rosemary Oshinsky, Katalin Roth, Jean Ratner, Katherine Stifel
Carderock Village Steering Committee

Home Tree Care 101

May 27, 10 to noon, starting at 8316 Lilly Stone, \$25 check. Thanks to Conservation Montgomery <https://conservationmontgomery.org>, a coalition addressing MoCo’s environmental and quality-of-life challenges, for this outdoor class. As we walk around Carderock doing onsite tree assessments, an arborist will inform participants about our old growth trees and how to maintain them for us, the climate, and our wildlife.



ISO Editor

Thinking of making your community better?
Do you like words, concise paragraphs and letters?



Have fun, you won’t melt
Reinvent yourself

As the next Editor of this Carderock Newsletter!

Contact Margie cscaNNewsletter@gmail.com if you are interested in this opportunity to contribute to your community.

Want to remove a tree?

The removal of sound hardwood trees from residential properties are subject to the original Bennett covenants.

CSCA Tree Preservation Guidelines require that for any hardwood tree located on a Carderock residential property with a trunk diameter of **9 inches or more** at shoulder height that is not dead or in an emergency situation, *i.e.*, immediate danger of falling on a house or other property or endangering personal safety, the homeowner must contact the Tree Committee (cscatree@gmail.com) for approval to remove the tree. The Tree Committee will seek information from the homeowner as to the reasons for removal, the species of the tree, whether or not an arborist has been contacted and other pertinent information. Following submission of this information, the Tree Committee will arrange a site visit to evaluate the situation. The Tree Committee will then make a determination as to whether or not the tree can be removed, or if alternatives to removal exist, based on various factors including safety, tree canopy preservation, screening or privacy, tree health, effect on neighbors and cost.



Properties where the Tree Committee has approved tree removal receive an Authorization sign in their yard to communicate to neighbors that the tree removal has been approved.

Planning a Renovation? ARC Approval and Architectural Salvage



If you're planning a renovation to your Carderock Springs home, here are two important things to know before you begin work: Architectural Review Committee (ARC) approval for exterior renovations and architectural salvage for interior renovations.

EXTERIOR: MODIFICATIONS CONSIDERED BY ARC

As required by the covenants recorded against each lot in Carderock Springs, any outside modification or additions to the structures on a lot must be reviewed and approved in advance by the Architectural Review Committee.



This may include, but is not limited to the following: fencing, sheds, exterior color schemes, and live, sound hardwood tree removal. The ARC is an appointed committee comprised of residents who are trained as architects/designers. The ARC meets on a monthly basis, generally the first Wednesday of each month, starting at 7:30 pm at the Club to review applications and plans for exterior modifications to Carderock homes. Meetings are open to all residents, whether you are renovating, planning to renovate or interested in listening.

If you are PLANNING A RENOVATION, PLEASE

- *Contact the ARC by email cscarc@gmail.com*
- *Submit your Application for Property Modification – with required plans and neighbors' signatures - by dropping materials off at 8009 Hamilton Spring Rd.*

Please submit an application and your plans for review to the ARC beforehand. Initially these can be early conceptual plans and then later on they can be construction drawings with specific elevations. The ARC can often assist homeowners with suggestions on design issues that have arisen with other homes in the past and possible workarounds. As the project becomes more defined, homeowners should return for another meeting to review construction drawings with specific elevations. Additionally the ARC may make recommendations and want to see amended drawings and details.

Specifics on the ARC submission process and the application form are on the CSCA website which also has a 20 page document of architectural guidelines that reflect the architectural standards the ARC looks for in exterior modifications, outdoor landscaping features and sheds. To contact the ARC, email cscarc@gmail.com.

ARC Projects Approved, Jan – May 2023

ADDRESS	SCOPE OF WORK
9 Carderock Ct	3-Story Side Addition
8503 Fenway Rd	3-Story Rear Addition and Garage Roof Deck
7710 Glenmore Spring Way	Sunroom Addition
7715 Glenmore Spring Way	Side and Rear Addition
7611 Hamilton Spring Rd	Rear Additions and Wood Deck
7806 Hamilton Spring Rd	Garage Conversion and Side Entrance
8047 Park Overlook Dr	Front Garden Enclosure

INTERIOR: ARCHITECTURAL SALVAGE

If you are undertaking an interior renovation, consider offering gently removed original elements from your home to the neighborhood using the Carderock Springs CS-Chat@groups.io email group. Many neighbors wish to maintain the original interiors of their Carderock homes and would very much appreciate your doors, light fixtures, countertops, cabinets, sinks, vanities, tiles, etc.

The Carder-Eco Column

News from the Environmental Committee

Recycling



Remember to check your items for proper recycling:

- NO styrofoam or #6 plastics. If the collectors see that you have included these items, they may skip your pick up until you separate properly to prevent contamination of recycling products.
- No plastic bags of any kind – put them in bins for recycled plastic bags at the grocery store.
- No broken glass or window / picture frame plate glass, no oven-safe dishes, Pyrex, mirrors, or frosted glass. They are trash.

Remember to prepare your recycled items:

- Rinse out your glass bottles, jars, and containers so they are free of most food and label residue.
- Remove plastic or metal lids from glass jars and bottles.
- Do not intentionally break your glass.
- Wrap well to dispose of broken glass with your regular garbage

Most Consumers Get Wrong About “Natural”

In a 2010 study, respondents believed that meat products labeled as “all natural” meant no antibiotics or hormones were used to raise the animals. Some also believed the label meant animals were raised free range. Study after study on the topic reveals that people think a product labeled as “natural” delivers benefits far beyond what it does, with most consumers mistakenly assigning health and environmental stewardship attributes to natural-labeled food. “Natural” means from nature only, so eggs and chicken are of course natural but not necessarily well

processed, organic and raised with care. In addition, poultry cannot legally receive antibiotics, so “antibiotic free” is redundant and misleading.

Diane Karlik, CSCA Environmental Chair

Good news for the environment

In April 2023 the Maryland General Assembly (MGA) passed the PFAS Testing - Study testing bill, as amended. **PFAS** are the so-called '**forever chemicals**' which do not break down and are associated with many adverse human health and environmental impacts. Just this year Poolesville, MD wells had to be closed because the level of PSA pesticides was considered too dangerous. **One major means of spreading PFAS is in pesticides.** The just-passed bill mandates the Maryland Department of Agriculture to investigate and then report to the MGA on the impacts of PFAS in the state, how to test for their presence in pesticides and related matters. The report must be submitted by November 1 of this year.

The report will be the basis for a 2024 bill to restrict PFAS in pesticides used in Maryland. Getting this far took a lot of effort by local environmental groups and individuals. Unfortunately they had to step back from the original goal of testing for PFAS in pesticides and prevent the sale of any which were found to contain these chemicals above a certain threshold. These groups -- including Maryland PIRG and others canvassing our neighborhood-- will keep working towards this goal.

Even low exposure to PFAS is linked to a multitude of long-term, serious health impacts, including kidney, testicular, prostate, and breast cancer, birth defects and developmental damage in infants, childhood obesity, thyroid disease, high

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Good Environmental News, continued from previous page
cholesterol, non-alcoholic fatty liver disease, and impaired immune function. **Mosquito control products have been tested and found to contain PFAS, which can help disperse the spray and help it "stick".** According to Bonnie Raindrop, coordinator of the Smart on Pesticides Coalition, which supported the bill, "These products may be used weekly in Maryland's mosquito control program in 2,100 communities or by private contractors." The plastic containers for the pesticides contain PFAS, too.

<https://mdpestnet.org/general-assembly-passes-bill-to-study-pfas-testing-in-pesticides-press-release/>
https://peer.org/substantial-pfas-contamination-found-in-pesticides/?gclid=CjwKCAjw0N6hBhAUEiwAXa_b-TZK8deZPIGD7HbmpykeHALkeEHN_kiXEgNiC_TFTBaAUSp4QvuVndNBoCFwgQAvD_BwE

Lisa Wilcox Deyo

Legislation Proposes Additional Long-Haul Flights into National Airport

A Congressional proposal to expand the number of flights into Reagan National Airport is opposed by all of our area's Representatives and Senators as well as the Metropolitan Washington Airport Authority and the local Montgomery County Quiet Skies Coalition.

The legislation from two sponsors of the bill in the House, Reps. Hank Johnson (D-Ga.) and Burgess Owens (R-Utah), would expand long-haul flights into National by at least 28 new flights a day. The

bill is styled as the Direct Capital Access Act, or DCA Act, and was formally introduced on May 10th, as part of the 2023 Federal Aviation Administration (FAA) Reauthorization bill. Typical aircraft for such flights is the Boeing 737, which seats about 170 passengers. Such flights are currently restricted to only a handful beyond a longstanding 1,250-mile perimeter around the airport. The legislation is backed by a group called the Capital Access Alliance, a group of airlines in which Delta Airlines is a key player. Their "study" of the issue, published in April under the title of "Flying Beyond," called the perimeter rules outdated and argued that they raise costs for air travel. The incoming flights would be limited to arrival between 7am and 10pm because of proximity to the city and sound levels.



If you are concerned about increased air pollution, noise level and increased air traffic going over our heads, then read:

MCQSC's Janelle Wright was interviewed about the Perimeter Rule by *WJLA News* on 5/10: [Battle Lines Drawn Over Proposal to Allow More Long Distance Flights at Reagan National Airport](#)

Washington Post article about the controversy on 5/10: [Bill Proposes 28 New Daily Flights at DCA, With Longer Distances: Airport officials and local residents fear additional flights would mean more noise while harming operations at Dulles](#)

Arlington Now article (5/18) about the DCA Community Noise Working Group's letter objecting to Perimeter Rule expansion: [DCA Noise Working Group Strongly Objects to Adding Longer Flights.](#)

This is an issue that we should watch closely and actively oppose if or when it advances through Congress. *Rick Wilson and Diane Karlik*

Dead End to New Beginnings Garden

What a difference at the end of Glenmore Spring Road! Thanks to neighbors who assigned themselves the task of making some changes with deer resistant plants and special thanks to Ann Carlson for her design advice.



Before



During/After

CLASSIFIEDS

Driveway Sealing



Seal coating your asphalt driveway is the best way to keep it jet

black this summer. Carderock resident Tyler Veirs and his Dad own a driveway seal coating, crack filling and parking lot striping company. View samples of our work at <https://veirsenterprises.com/projects/> and contact Tyler at tyler.veirs@veirsenterprises.com

Plumbing



The Drain Guys is a plumbing company owned by Taylor

Lovett, a resident of the Carderock community. We specialize in drain cleaning, water heaters, leaks, water lines, and more. All of our employees are vaccinated and wear masks. If you have any plumbing needs, please call 240-885-9264 or visit dmvdrainguys.com. We provide free estimates and consultations.

Chimney



Old chimneys are at risk of leaking poisonous gases

into your house? Blackburn Chimney, owned by Taylor Lovett, a resident of the Carderock community, specializes in chimney cleaning, repairs, and inspections. Make sure your chimney is safe and in good condition. All our employees are vaccinated and wear masks. Call 301-965-1341 or visit <https://blackburnchimney.com/>.

Cleaning



Swept Away Cleaning provides professional house cleaning services to Maryland, Virginia, and Washington DC. Owned by a Carderock neighborhood resident, they strive to provide excellent house cleaning you can trust at an affordable price. Recurring cleans, deep cleans, and more! Call them at 240-221-6356 or visit www.sweptawaycleaners.com

Fiber Art Classes/Camp



Carderock's Anja Caldwell offers weekly fiber art summer camps, after school classes, crafting bees, private instruction, parties and workshops for kids age 6 to 16. Also adult instruction by appointment and a bi-weekly craft group. We teach knitting, crocheting, weaving, sewing, felting, embroidery, beading and other traditional handwork.

See www.FiberArt.studio for a list of classes and to register. Be well and make something today!

Carderock references available. For more info email Anja Caldwell, anja@fiberart.studio or call 240 600 0170

Cabin John Dog Walking



Midday walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn 240-204-2953.

Bakery



Rhonda's Bakery is sharing Carderock Rhonda's love of baking by delivering fresh natural/organic treats directly into the hands of Carderock neighbors. The bakery also provides special orders for birthday parties and brunches.

Follow Rhonda's Bakery on Instagram; or from the website <https://rhondasbakery.com> order a Box of the Month, place a Special Order, or subscribe to email updates; or email questions to Rhonda at Rhonda@RhondasBakery.com

Advertise in this NEWSLETTER:

\$10 for 1 issue or \$55 for 1 year in all CSCA newsletters. Submit payment via Venmo (friend @CarderockSpringsCA), Paypal (paypal.me/Carderock) or snail mail to CSCA, PO Box 237, Cabin John, MD 20818-0237.

CUPPA CARDEROCK VILLAGE

Connecting neighbors of all ages for friendship, learning, growing, playing & helping

Come to the next Cuppa on
Saturday, June 10, 9:30 to 11 am



Photos from April Cuppa with plant exchange



CARDEROCK SPRINGS
National Register of Historic Places

The Carderock Springs Citizens' Association publishes the *Community News* at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens' Association for annual dues of \$50 for a membership year ending December 31, 2023.

Dues and family information for the Carderock Springs directory may be made online (preferred) or mailed:

- Paypal (www.paypal.me/carderock and in the memo write your snail mail address),
- Venmo (friend @CarderockSpringsCA and in the comment "What's it for" include your address), or
- mailed to the Carderock Springs Citizens' Association at Box 237, Cabin John, MD 20818-0237.

Our Association represents the Carderock Springs community and implements its land covenants.

Carderock Springs Citizens' Association Board Members

Jack Orrick, Rick Wilson, *Co-Presidents*

Maja Husar *Vice-President*

Ashkan Malayeri *Secretary*

Ashish Goel, *Treasurer*

Bill Draper, *Membership Secretary*

Sue Eastman, *Member-At-Large/ARC Liaison*

Katalin Roth, *At-Large*

Meaghan Curry, *At-Large*

Brian Glenn, *At-Large*

Steven Seitz, *At-Large*

Architectural Review Committee (ARC)

Douglas Soe-Lin, *ARC*

Sandy Silverman, *ARC*

Katherine Stifel, *ARC*

Scott Wilets, *ARC*

Tree Committee

Sue Eastman, Nancy Everett,

Gary Ratner, Katalin Roth

Margie Orrick, *Newsletter Editor*

Larry Ondrejko, *Club Liaison*