

# CARDEROCK SPRINGS Community News

We are a community recognized by the **National Register of Historic Places** as a prime example of Situated Modernism, where houses complement and blend in with the natural landscape.

## CSCA ANNUAL MEETING AND BOARD OFFICER CHANGES

*April 28, 7 - 8:30 pm @ Carderock Club*

Please join us for beer, wine and nibbles for social time followed by

- the election of Officers and Directors for the upcoming year, and
- a presentation by members of the Carderock Springs Architectural Committee on proposed revisions to CSCA Architectural Design Guidelines and Recent Exemplary Renovations in the Neighborhood.

There will be a change in the officer positions for 2024-2025.

**Rick Wilson** will assume the President position for the coming year; **Deborah Tanno** will become Treasurer, replacing Ashish Goel; and **Kyle Lierman** will become Secretary, replacing Ashkan Malayeri in this role. **Ashish Goel**, who has served as Treasurer for the past 5 years, will become Membership Secretary. Other continuing members are **Maja Husar** (Vice President), **Ashkan Malayeri**, **Sue Eastman**, **Steve Seitz** and **Katalin Roth**.

**Jack Orrick** who is completing his 14th year on the Board, and who served as President for the past 9 years, is stepping down from the Board. **Bill Draper** (Membership Secretary), **Meaghan Curry** and **Brian Glenn** are also retiring from the Board. Many thanks to all of them for their service to the community.

At the election there are three new candidates, **Deborah Tanno**, **Kyle Lierman** and **Charlie Heidlege**, coming onto the Board. Bios for the three new Board members are set forth on the next page.

*Jack Orrick*  
CSCA Co-President



**Saturday, April 6, 12 pm**  
Spring Egg Hunt at the Club

**Sunday, April 7, 3-5 pm**  
Cuda Open House at the Club

**Monday, April 15, 7:30 pm**  
Monthly CSCA Board Meeting  
<http://carderocksprings.net/zoom>

**Sunday April 21, 9:30-11am**  
Carderock Village garden plant exchange and collection of inefficient lightbulbs for Earth Day in the Club parking lot

**Sunday, April 28, 7 - 8:30 pm**  
CSCA Annual Meeting at the Club

**Wednesday, May 1, 7:30pm**  
Architectural Review Committee (ARC) monthly meeting at the Club  
Contact [cscarc@gmail.com](mailto:cscarc@gmail.com)

# Meet the New CSCA Board Members

**Deborah Tanno** has been a resident of Carderock since 1995. She served as the database analyst for many years at the American Federation of Teachers, from which she retired in 2019. She also served as treasurer for many years at three non-profit organizations where she gained relevant experience in budgeting and financial analysis.

**Kyle Lierman** is the CEO of Civic Nation, a non-profit working to strengthen democracy, drive gender equity and economic mobility. He has lived in Carderock with his wife, Amanda, and three young daughters since July 2023. Previously, Kyle was a Senior Associate Director of Public Engagement and Senior Policy Advisor in the Obama White House. Kyle grew up in Bethesda and received his bachelor's from George Washington University.

**Charlie Heidlage** has lived in Carderock Springs for three and a half years with his wife Meg and son Finlay (2.5 years old) and is expecting their next in May. He can often be spotted out walking in the neighborhood with his newfoundland Callie (she's the one with a passing resemblance to a bear). Charlie works for Thomson Reuters, specializing in Partnerships and has a background in AML Financial Compliance.

## Carderock Village: Second Annual Garden Plant Exchange on Earth Day

On Sunday, April 21, at 9:30 to 11, Carderock Village will have our monthly CUPPA Carderock Village, along with complimentary coffee, tea, and pastries, plus plants and a plant book exchange. Please bring your garden/ plant book



or two to donate, and leave with another. Both sun-loving and shade tolerant plants are welcome for the



plant table. Bring a plant you want to share, and leave with a plant from another villager's garden.

Also, there will be a collection of any energy wasteful light bulbs such as CFL, halogen, incandescent and fluorescent that need to be properly discarded.

Not a gardener? Just COME for CONNECTIONS and COFFEE.

*Sue Eastman*

## CSCA Survey Recap

In February of this year, the CSCA Board conducted an online member survey to get a better understating of residents' opinions around a few issues. Within 2 weeks over 90 residents responded, and while all age groups were equally represented, there is an overall alignment that we have heard mainly from those who use the chat and/or feel comfortable filling out surveys online. It was incredible to see over 40 residents expressing their interest in volunteering and getting involved in a variety of roles supporting our community - from helping around social events to lending their specific skills in leadership positions. We hope to utilize these individuals at an upcoming CSCA or Carderock Village event.

Another objective of the survey was to determine a general interest in continuing printed versions of the directory and the newsletter. First of all, it turned out that both pieces are widely used by residents. The print version of the directory turned out to be needed alongside the online one. The findings around the newsletter format created quite a discussion in the last Board meeting. Despite 68% of respondents feeling ok with discontinuing the printed version if a digital one is available, there was a strong conviction

*(CSCA Survey Results, continued)*

among most of the board members that the printed version is a tangible tool “bringing community together” and the readership rate could drop significantly if we were to rely only on the digital version. The unanimous vote was to continue the printed and online versions of the newsletter.

There were also a couple of voices expressing importance of the board to reflect the diversity of our neighborhood. That was exactly one of the reasons behind an open ask in the survey for nominations for the board positions for the upcoming year on.

Thank you to everyone who participated in the survey and to all of those raising their hand,



wanting to contribute to making this community even more special than it is. If you did not have a chance to fill out a survey and would like to add your name to the list of

volunteers, you can still do so! Just scan the QR code or visit [carderocksprings.net/survey2024](http://carderocksprings.net/survey2024)

*Maja Husar*  
CSCA, Vice President

## Carderock Village's Answer to Social Mobility: Drop-in Walking



Every Wednesday and Thursday a group of 5-6, walkers, sometimes more, meet at 8:45 at the club parking lot. It is co-ed and composed of all ages. We walk at least 2.5 miles to 3 miles, within and outside Carderock. We do the hills, visit Glend Garden to see what is now in bloom, and enjoy all the flowering cherry trees and various gardens along our routes.

We have walked to Bradley and Oaklyn intersection at Avenel, to Macarthur Boulevard and back, and carpoled to walk the C&O Canal path twice. Most recently, we walked to Plummer's Island to see the Virginia Blue Bells in bloom.



All walkers with different paces are welcome and never walk alone. In fact, we are all within eyesight, and always seems to end at the club by 10. Some walkers peel off as we approach their homes. We all feel fully energized to start the rest of the day.

This group started in November, and is now almost 6 months old. But the new friendships made while walking the streets of Carderock is the best benefit of all. We originally had about 16 sign up, and we still welcome new walkers, especially now that the weather is getting warmer.

A very special thanks to Katalin Roth, MD, of the Carderock Village steering committee, for the idea of a drop-in walking group.

Don't forget, mark your calendar: Wednesday and Thursday, 8:45 am at the Club. Make more connections.

*Sue Eastman*

## Please Contribute to the CSCA Newsletter

We want YOU to contribute to our CSCA community newsletter! We welcome neighbors to write and submit articles that would be relevant to Carderock Springs that we can share neighborhood wide. Activities in the area, important neighborhood issues, major milestones and so on are just a short list of article topics that may be submitted. Editors need articles emailed in no later than 5pm on the first Friday of each month to be edited and included in the newsletter. Please send to [cscanewsletter@gmail.com](mailto:cscanewsletter@gmail.com).

# The Carder-Eco Column

## News from the Environmental Committee



### Trash and Recycling

The next change for pick up will be in the Memorial Day weekend, when our pick up changes from Tuesday to Wednesday, May 29th.

Bulk Trash pick-up, large metal pick-ups , “how to recycle/discard...”, special requests: <https://www.montgomerycountymd.gov/dep/trash-recycling/>

### Quote of the Month

“If we take care of nature, nature will take care of us” by David Attenborough from “A Life on Our Planet”.

### DIY Window Cleaner

Place 2 cups water, 3 T white vinegar and 1/2-1/2 tsp liquid detergent into a spray bottle and shake it up. The soap is important to cut the wax residue that may be on your glass due to using commercial brands that may include those additional chemicals.

### Light Bulbs & Batteries

Please remember that all batteries and old style light bulbs (fluorescent, incandescent and CFL's) are all to be discarded at the Transfer Station hazardous waste collection area. They are never to be placed in the trash. Check the chat for monthly collections of most types of batteries by Francisco Gonzalez. In addition, after our very successful collection of old style light bulbs this Fall, I will organize another collection (no free give aways this time, however). Please bring any old style light bulbs for me to discard to the Earth Day Carderock Village event/plant giveaway on Sunday, April 21<sup>st</sup> at the Club.

### Trash to Treasure Movement

See for yourself what fashion creativity can be at an event on April 20th, in Alexandria, 5-7PM

[www.refashionshow.com](http://www.refashionshow.com) This may be of special interest to teens.

### Farewell to Foam Act

This [legislation](#) is sponsored by Maryland Sen. Chris Van Hollen and Rep. Lloyd Boggett of Texas. And, while it might not pass at this moment, it would be a first step in phasing out the single-use expanded polystyrene (EPS ) products. The products made from this include packing peanuts, and restaurant take-out boxes, which you would recognize as “Styrofoam.” This is a #6 plastic, and some products don’t look like Styrofoam and often look like recyclable #1. (Please check before placing into your bin). It takes hundreds of years to degrade, and it readily breaks down into smaller products, microplastics and nano plastics that can form when in contact with food. It also ends up in the ocean since it can pass through filtration systems. Less than 10% produced globally is recycled, and the rest ends up as litter, in landfills, and in our water and food.

### Store Drop Off of Packaging

Amazon has recently recommended that you return its packaging to their centers, although in reality, only a small fraction will get recycled and more likely it will end up in landfills or incinerated. Occasionally it can be used to make plastic benches. However, with Amazon or other store drop offs, this is a case of what is called “greenwashing”, by alleviating consumer guilt and allowing manufacturers to evade accountability.

### Plastic Sandwich Bags

Talking about plastic bags, research has been done to evaluate the 15,000 chemicals used to make such products resistant to water, stains and heat. However, many contain “forever chemicals, or toxic PFA’s. What to do? You can purchase bees wax and other reusable lunch packaging, or purchase ONLY Ziploc brand, the only brand that did not contain these chemicals. Avoid the store brands.

*Diane Karlik  
Chair, Environmental Committee*



# CLASSIFIEDS

## Driveway Sealing



Seal coating your asphalt driveway is the best way to keep it jet

black this summer. Carderock resident Tyler Veirs and his Dad own a driveway seal coating, crack filling and parking lot striping company. View samples of our work at <https://veirsenterprises.com/projects/> and contact Tyler at [tyler.veirs@veirsenterprises.com](mailto:tyler.veirs@veirsenterprises.com)

## Plumbing



The Drain Guys is a plumbing company owned by

Taylor Lovett, a resident of the Carderock community. We specialize in drain cleaning, water heaters, leaks, water lines, and more. All of our employees are vaccinated and wear masks. If you have any plumbing needs, please call 240-885-9264 or visit [dmvdrainguys.com](http://dmvdrainguys.com). We provide free estimates and consultations.

## Chimney



Old chimneys are at risk of leaking poisonous gases into your house?

Blackburn Chimney, owned by Taylor Lovett, a resident of the Carderock community, specializes in chimney cleaning, repairs, and inspections. Make sure your chimney is safe and in good condition. All our employees are vaccinated and wear masks. Call 301-965-1341 or visit <https://blackburnchimney.com/>.

## Cleaning



Swept Away Cleaning provides professional house cleaning services to Maryland, Virginia, and Washington DC. Owned by a Carderock neighborhood resident, they strive to provide excellent house cleaning you can trust at an affordable price. Recurring cleans, deep cleans, and more! Call them at 240-220-9816 or visit [www.sweptawaycleaners.com](http://www.sweptawaycleaners.com)

## Fiber Art Classes/Camp



Carderock's Anja Caldwell offers weekly fiber art after school classes, crafting bees, private instruction, parties and workshops for kids age 6 to 16. Also adult instruction by appointment and a bi-weekly craft group. We teach knitting, crocheting, weaving, sewing, felting, embroidery, beading and other traditional handwork.

See [www.FiberArt.studio](http://www.FiberArt.studio) for a list of classes and to register. Be well and make something today!

Carderock references available. For more info email Anja Caldwell, [anja@fiberart.studio](mailto:anja@fiberart.studio) or call 240 600 0170

## Cabin John Dog Walking



Midday walks to keep your pets happy and healthy. Many happy Cabin John and Carderock pet owners and their pets will happily give their recommendations. Call Carolyn 240-204-2953.

## Bakery



Rhonda's Bakery is sharing Carderock Rhonda's love

of baking by delivering fresh natural/organic treats directly into the hands of Carderock neighbors. The bakery also provides special orders for birthday parties and brunches. Follow Rhonda's Bakery on Instagram; or from the website <https://rhondasbakery.com> order a Box of the Month, place a Special Order, or subscribe to email updates; or email questions to Rhonda at [Rhonda@RhondasBakery.com](mailto:Rhonda@RhondasBakery.com)

## House Painting

Deaton Painting is a professional house painting company located in the Montgomery County area. They specialize in both exterior and interior house painting as well as cabinetry painting. Their team of expert painters is licensed, insured, and ready to take on all shapes and sizes of house painting projects. Call 240-220-9567



Deaton or visit [www.deatonpainting.com](http://www.deatonpainting.com)

to get a free quote on your project.

**Advertise in this NEWSLETTER:**  
**\$10 for 1 issue or \$55 for 1 year in all CSCA newsletters. Submit payment via Venmo (friend @CarderockSpringsCA), Paypal (paypal.me/Carderock) or snail mail to CSCA, PO Box 237, Cabin John, MD 20818-0237.**

# International Potluck Dinner Success



With almost eighty attendees, another successful International Dinner is in the books! From the Bahamas to Ukraine to Vietnam to Guyana, many countries were represented.

Thank you to everyone that shared their food with the group and both the board members and community members that helped with set up and clean up.



If you are interested in becoming a member of the events committee, please reach out to [cscaevent@gmail.com](mailto:cscaevent@gmail.com).

*Kimberly Young  
CSCA Events Chair*



**CARDEROCK SPRINGS**  
National Register of Historic Places

The Carderock Springs Citizens' Association publishes the Community News at least six times each year. Residents of Carderock Springs and surrounding areas may join the Citizens' Association for annual dues of \$50 for a membership year ending December 31, 2024.

Dues and family information for the Carderock Springs directory may be made online (preferred) or mailed:

- Paypal ([www.paypal.me/carderock](http://www.paypal.me/carderock) and in the memo write your snail mail address)
- Venmo (friend @CarderockSpringsCA and in the comment "What's it for" include your address)
- Mailed to the Carderock Springs Citizens' Association at Box 237, Cabin John, MD 20818-0237

Our Association represents the Carderock Springs community and implements its land covenants.

## Carderock Springs Citizens' Association Board Members

Jack Orrick, Rick Wilson, *Co-Presidents*

Maja Husar, *Vice-President*

Ashkan Malayeri, *Secretary*

Ashish Goel, *Treasurer*

Bill Draper, *Membership Secretary*

### *Architectural Review Committee (ARC)*

Douglas Soe-Lin, *ARC*

Sandy Silverman, *ARC*

Katherine Stifel, *ARC*

Scott Wilets, *ARC*

Sue Eastman, *Member-At-Large/ARC Liaison*

Katalin Roth, *At-Large*

Meaghan Curry, *At-Large*

Brian Glenn, *At-Large*

Steven Seitz, *At-Large*

### *Tree Committee*

Sue Eastman, Nancy Everett,

Gary Ratner, Katalin Roth

Margie Orrick, *Newsletter Editor*

Alex Flowers, *Deputy Newsletter Editor*

Larry Ondrejko, *Club Liaison*