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CARDEROCK SPRINGS COMMUNITY NEWS

ANNUAL SPRING MEETING

CARDEROCK SPRINGS CITIZENS ASSOCIATION SUNDAY, APRIL 14th, AT THE SWIM & TENNIS CLUB 6:30 PM FOR WINE AND NIBBLES, 7:00 ANNUAL MEETING

Secretary's summary of year's events/decisions,

Treasurer's report

Election of CSCA Board

Priorities for the year

There will also be a speaker to address community concern about house-fire prevention.

2013-2014 CSCA BOARD NOMINATIONS

At the Spring Annual Meeting, a new Board will be elected for the upcoming year. The Board is pleased to announce that the following are willing to serve for another year.

President: Phil Rider Vice President: Jack Orrick
Secretary: Gunnar Tomasson Treasurer: Bob Stocker
Events Chair: Joe Tobin Club Liaison: Larry Ondrejko
Membership: Barbara Ames Member-at-Large: Two Vacancies
ia Petsche and Mary Lou Shapear Treasurer:

Georgia Petsche and Mary Lou Shannon, after two years of wonderful service, will be stepping down. However, they have both agreed to continue on their committees; Mary Lou with Welcoming and Georgia with Beautification. We'll thank them at our Annual Meeting.

This leaves two positions open - both are Member-at-Large. The Board hopes that a couple of you will volunteer for these important positions. The Board is especially asking newer members of the community to consider taking this responsibility, because the Board feels it needs more input from the perspective of newer residents. Please contact Phil Rider at pmrbthmd@yahoo.com, phone 301-469-0231.

Nominations can be made at the Meeting for any position. Come and cast your vote!!

Tree Removal Guidelines Survey Attached (Yellow Paper) OR Available On-Line (www.SurveyMonkey.com/s/TreeRemoval)

The Citizens Association is soliciting input on CSCA tree removal guidelines to improve their clarity. Over the years, the CSCA has prepared written guidelines for what constitutes a "sound hardwood tree" and other aspects of the procedure to obtain approval to remove trees by CSCA.

Please fill out the yellow survey OR complete it online.

Deadline: April 1 for both on-line and yellow paper survey **Mail to**: CSCA, P.O. Box 237, Cabin John, MD 20818-0237

Drop off: 8212 Fenway Road

House Fires in Carderock

The recent fires in Carderock have made us aware that our 50-year old houses might be in need of some upgrades in order to prevent fires. I still think that is important, but after receiving several chat responses to my request for information on fire causes, safety and prevention, I was surprised by what I learned that has made me realize that the problem is much broader than the age of our houses.

First, several of you mentioned that electricians have told you, when doing some work on your home, that the original wiring and 100 amp meter bases are outdated for the number of electrical things that we now have in our homes since 50 years ago. Some of you reported that your electrician also told you that the wiring was "poorly done" and "not up to current code". Granted, there might have been an element of wanting more work (and money), but my guess is they are probably right. So, the first recommendation would be to have your home inspected to see if some upgrade might be important for you to do, especially as a fire protection.

Evidently, upgrading to a 200 amp/circuit break system is a must!

That having been said, it is important to note that poor wiring is NOT the major causes of house fires. One of you sent two excellent web sites to check out from the US Fire Administration. I would encourage everyone to look at them:

http://www.usfa.fema.gov/statistics/. and http://www.usfa.fema.gov/citizens/.

You will find, among many interesting statistics and information, that 32% of all house fires are caused by cooking accidents and 18% are from heaters. In both cases, it was more human error than anything else (e.g., forgetting that pot on the stove until the kitchen is on fire.) However, it should also be noted that the USFA sites three "general" and frequent causes of house fires that do include (1) aging wiring, (2) misuse/abuse of electrical components, and (3) non-code compliant installation.

Both from the chat and the USFA web sites, other specific causes and possible preventions included:

- Be present when using electrical appliances that have heating elements, especially clothes dryers
- Unplug small appliances with heating elements when not in use, including coffee pots, toasters, etc
 - Have a fire extinguisher in your kitchen

There was also discussion about the frequent number of electrical surges we have had in our neighborhood (especially some sections) and the POOR response from Pepco that people have gotten. Some feel these surges have caused some of the fires we have had. A few of you recommended installing an all-house electrical surge protector. Admittedly, this does not solve the issue we have with the grid itself. Possibly we as a community can put more pressure on Pepco to do something to improve the grid service we get in the first place.

The Board, at our last monthly meeting in February, decided that this concern for fire hazards/prevention is an important one for us to address in some forum. Therefore, it was voted that the main theme/speaker for the Spring Annual Meeting will address this concern. We are now in the process of asking several "experts" if they might be available to come to our meeting. We'll let you know as soon as the names are definite. In any case, I hope you will set aside Sunday, April 14th, and join us for this important meeting and discussion. *Phil Rider, President CSCA*

Community Party to Welcome Newcomers Draws a Large Crowd

A large crowd gathered at the Clubhouse to welcome our 2012 Newcomers on February 10th. Children made valentines at a back table while newcomers enjoyed meeting residents, CSCA Board members and other newcomers. Having children come to an evening pot luck dinner was a first for CSCA and was a big success. More families were able to come and the children had a good time, too.

Joe and Olga Tobin, the new CSCA Events Planners, introduced the newcomers and CSCA President Phil Rider introduced the Board members. Joe and Olga, newcomers themselves, showed their organizational skills and love of partying at their first big CSCA event. Many thanks! Wine for the party was purchased at a discount thru resident/restaurateur Francesco Marra through his Oro Pomodoro restaurant in the Rockville Town Center. And, thanks to resident photographer Amy Moore for her great photos. Amy is launching a newborn photography business and is mother to a newborn herself.

Mary Lou Shannon, Welcome Chairman









Architectural Review Committee (ARC) Reminder and Submissions

The Bennett homes in the Carderock Springs community are subject to recorded covenants that require any outside modification or addition to the structures on the lot be **reviewed and approved in advance** by the ARC of the CSCA. In addition to modifications to the exterior structural elements of the homes, the ARC must approve any modifications to fencing, sheds, and exterior paint and exterior wall coverings.

As most have experienced, the ARC operates more as an advisory body to help homeowners develop plans for our homes that comply with community guidelines. But that can only happen when everyone is willing to work with them by submitting plans and ideas long before any work is done.

The community has adopted Architectural Design Guidelines to assist homeowners in planning exterior modifications to their homes and lots. These can be downloaded from the CSCA website at http://www.carderocksprings.net/site/1/docs/ARC___Design_Guidlines.pdf These guidelines provide that all modifications should be done in such a manner that blends into the landscape with minimal grading, cutting, and filling. Following these guidelines when you develop your plan will facilitate approval by the ARC and help maintain the beauty of our community.

The ARC is a committee composed of three residents of Carderock Springs, Doug Soe-lin, Scott Wilets, and Ryan Robbins, who meet generally on the first Wednesday of each month at the Carderock Springs Swim and Tennis Club starting at 7:30 pm to consider submitted plans for modifications. If you are considering such a modification, please submit your plans for review by the 20th of the month preceding the next ARC meeting to the attention of Margit Meissner, the ARC Liaison, who can be reached at CSCAarc@gmail.com. Initially, the plans can be concept plans although eventually the ARC will need to see finished construction drawings with specific elevations. Applicants should plan to attend the meeting of the ARC when their plans are being considered in order to answer any questions that arise.

Residents are also strongly encouraged to contact their neighbors prior to undertaking any exterior modifications to their properties as oftentimes this can come as a shock to unsuspecting neighbors. Of course, in addition to receiving ARC approval and notifying your neighbors, residents must proceed in accordance with County law with respect to satisfying building size and setbacks and obtaining building permits.

Below is a summary of the projects that have been submitted for review to the ARC in recent months. Some are still pending, while others have been approved:

- 8308 Still Spring Court kitchen and garage addition
- 8308 Lilly Stone Drive deck improvement
- 7510 Hamilton Spring Road split rail fence
- 8604 Fenway Road roof and gutter work
- 8121 Lilly Stone Drive exterior painting
- 8309 Lilly Stone Drive addition
- 7710 Glenmore Spring Way bump out under cantilever
- 7510 Hamilton Spring Road split rail fence
- 8005 Park Overlook Drive entry addition, enclose porch

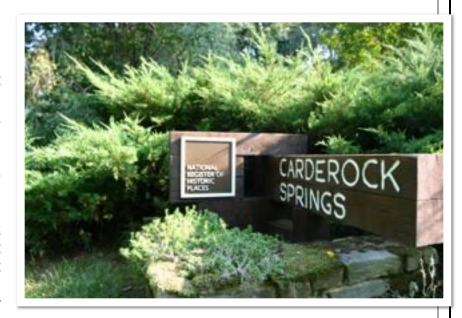
The CSCA Board has obtained signs that the homeowner can post on the property to indicate that a given project has been approved by the ARC. Signs are also available to show approval of the removal of sound healthy trees, which are the subject of the survey attached to this newsletter. These signs can be obtained by contacting Phil Rider – CSCApres@gmail.com *Jack Orrick, Member-At-Large, CSCA Board*

National Register of Historic Places Sign

In case you have not noticed, there's an addition to the small Carderock Springs sign at the corner of Lilly Stone Drive and Hamilton Spring Road. It shows off that we are listed on the National Register of Historic Places. When did this listing take place and how did it come about?

The process began in 2004 when Maryland Historical Trust gave University of Maryland Professors Isabelle Gournay, School of Architecture, Planning and Preservations and Mary Corbin Sies, Department of American Studies, a grant to survey the "modern movement" in

Maryland. Their research showed that the collaboration between Edmund Bennett and Keyes, Lethbridge and Condon, AIA, had produced some of the best designed communities in Maryland. Carderock Springs, along with a couple other Bennett communities. were then nominated to the Maryland Historic Trust. Professors Gournay and Sies had an opportunity to interview Edmund Bennett in one of his Carderock houses, a thrill for all three. That interview, and other subsequent ones, was part of their 100 page report supporting the nomination for Bennett/KLC communities.



Peter Kurtz of Maryland Historical Trust spoke at a CSCA meeting explaining the program, that it was a list of communities/places and, most important to the audience, that it would not restrict modifications to the Carderock homes. Peter asked for a vote to move the process forward, and was given the nod. He then produced a report for the U.S. Park Service that runs the National Register of Historic Places program. Carderock Springs was officially listed in 2007.

Mary Lou Shannon

Beautification Committee Report

The main entrance road to Carderock Springs near River Road is continually monitored to keep it in good condition. The area around the sign has just been mulched and Daffodil Bulbs were planted in front of the sign for spring blooming.

Georgia Petsche

The Carder-Eco Column News from the Environmental Committee

DRIVES: A Wider Circle seems to be our community's favorite charity. We have organized a furniture pick-up, made a huge delivery of professional clothing and attire, and had a food and toiletries drive. Special thanks to Lois Kramer, Cheryl Glaessner, and Lisa Bronfman and family. Their new professional training space and facility is fantastic!

TRANSFER STATION/RECYCLING: If you have any scrap metal, small metals, E-cycling, fabric recycling or toxics recycling that can fit into a car, be checking the CS-chat. Diane will be doing a collection in March to take to Shady Grove for recycling.

NEW INFORMATION FROM TRIP TO SOLID WASTE FACILITY: I attended an information session at the Montgomery County Resource Recovery Facility in Dickerson In general, materials from the household and other trash stream (that is, those items not recycled) are burned, produce stream that via turbines to produce electricity, which is then sold. The trash is sent by rail to the facility from the Shady Grove and processed into the electricity and ash residue. The ash is sold and sent by rail to Virginia. The county thus does not use its limited landfill space and saves a barrels of oil. Some necessary chemicals are used to prevent toxins from being released during burning and continued research goes into choosing chemicals that are the safest. The facility received a Gold Award in 2010 for supplying energy from waste. The presentation alleviated many of the concerns I had concerning what I originally thought was simply an incinerator. If you see what looks like dirty, noxious smoke coming from the plant, be assured that it is steam instead.

HANDY HINTS FOR GREEN HOMES: Interested in replacing your toxic household products? This is an on-going process and takes some time and experimentation, but will certainly reduce the repeated exposure of toxins on you and your family members, and especially children. Use essential oils with natural antibacterial and antimicrobial properties instead, like lemon, cinnamon, clove, thyme, juniper, sage, spruce, lemongrass or grapefruit. Avoid those that say "antibacterial" or "antimicrobial" because these often contain triclosan which then in sunlight can convert to dioxin, a most harmful man-made substance that has been linked to a large number of serious medical problems.

<u>Fabric softeners</u> often contain toxic chemicals. Instead, use one tablespoon of distilled white vinegar in the rinse or add a quarter cup of baking soda to the wash cycle. If you miss the scent, use a washcloth with about ten drops of lavender, lemon, tea tree, or bergamot oil into the dryer...this won't reduce static, but will impart a natural scent to your laundry.

<u>Snack foods</u>: Recent research has shown that fruit is the number one snack food in the US for all age groups...good news. The group with the largest consumption is made of adults 65+, the second group kids under 12, and the very lowest teens 13-17.

Since many of our favorite fruits are among the "dirty dozen", produce that retain the most chemical residue when conventionally grown (with pesticides, herbicides, fungicides), choose the following in organic form....apples, peaches, berries, grapes and cherries. When shopping, be sure to look at signs specifying whether what is being sold is organic or conventional...your favorite natural food shop may sell both next to one another...so read those labels. Diane Karlik, Environmental Committee

Welcome

Kate Shaughnessy and Nancy Biagini recently settled into 7604 Hamilton Spring Road with son Steven (11) and daughter Nora-Sheetal (7). They can be reached at 612-384-9609 or by email to unionkate@msn.com

Mary Lou Shannon, Welcome Chairman

Farewell

Marilyn Mayerfeld, 83, a Carderock resident for over forty years, died of cancer at her home on February 24.

Marilyn moved to Carderock Springs with her late husband Ernest and two children Diane and Jamie in 1971. For several years she was the convener of "Women of Carderock," she introduced neighbors to the cultural riches of Washington, Bethesda, and environs. She was a regular at the pool, where she was easily spotted for her languidly graceful backstroke, and where she frequently organized picnic table gatherings. An accomplished artist in her early Carderock years, she later became active in her local book club and in classes offered through the Osher Lifelong Learning Institute.

She is survived by her daughter Diane Mayerfeld, married to Michael Bell; son Jamie Mayerfeld, married to Peter Mack; and grandchildren Sam Bell and Eleanor Mayerfeld. She was a dear friend to many Carderock residents and will be missed.

Thanks for Help Delivering CSCA Directories

The following CS neighbors heeded the call and volunteered to distribute dues statements and directories to the CSCA members and neighbors. We thank them for their willingness to give their time and effort in order to economize on our costs.

Missy Tansing, Joy Dritschilo, Betsy Brach, Margit Meissner, Jean Ratner, Katherine Hubley, Lisa Bronfman & Daniel, Joan Segreti, Elaine Honig, John and Rauna Surr, Stephanie Lane & Jane, Caroline Beenhakker, Susan Schill, Cecilia Woodard, Paul Encarnacion, Phil Brown, Emily Glicksman, Maxine & Robert Cohoes, and Cheryl Glaessner. Diane Karlik

Classified

Cabin John Dog Walking: Midday walks to keep your pets happy and healthy. Call Carolyn at 301-257-1076.

Housekeeper: My hardworking, reliable and totally trustworthy housekeeper has mornings available. Nan has been working for me for more than 5 years. She does cleaning, laundry and whatever else needs to be done. She speaks English and has her own transportation. For references, contact me at jim.finucane@yahoo.com or 301-365-2434. For more information you can contact Nan directly at 240-423-6314.

Housekeeper: Available M-F morning to do general housecleaning, laundry, ironing, cooking, errands, etc. Good work and references (including several Carderock families). Own my own car, am reliable and love pets. Please call Nan at 240-423-6314.

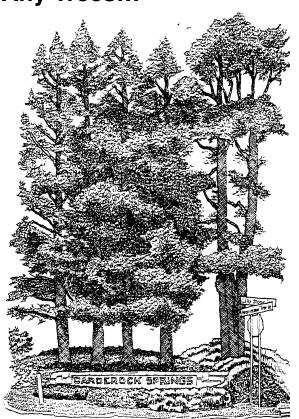
Handyman: Jose Louis will help with any and all chores in and around the house and garden, including painting, drywall, carpeting and indoor repairs, as well as snow shoveling, yard clean up, deck and patio power washing, fence, pathway or platform construction, and any other kind of heavy work, on a reasonable hourly basis. Contact Carderock neighbor Ray at 301-469-0192.

Before You Remove Any Trees...

Hire a licensed professional who is qualified and trained to use equipment properly.

"All tree care professionals practicing in Maryland must obtain a license. Without a license, they may not practice or advertise tree care services in the state. Adopted in 1945, the Maryland Tree Expert Law addresses tree care work done for compensation on private or public property in Maryland. The purpose of the law is to provide a layer of consumer protection by licensing qualified and insured tree care companies and individuals. Anyone seeking to practice or advertise tree care services in the State of Maryland must obtain a license from the Maryland Department of Natural Resources."

If you need assistance in finding a qualified tree company, please contact Lisa Wilcox Deyo at cscatrees@gmail.com.



Carderock Springs Board Members

Phil Rider President Georgia Petsche Vice President Gunnar Tomasson Secretary Bob Stocker Treasurer Barbara Ames Membership Larry Ondrejko Member-at-Large Jack Orrick Member-at-Large Mary Lou Shannon Member-at-Large Joe Tobin Member-at-Large Noëlle F. Lewis Newsletter Editor

Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2013. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.