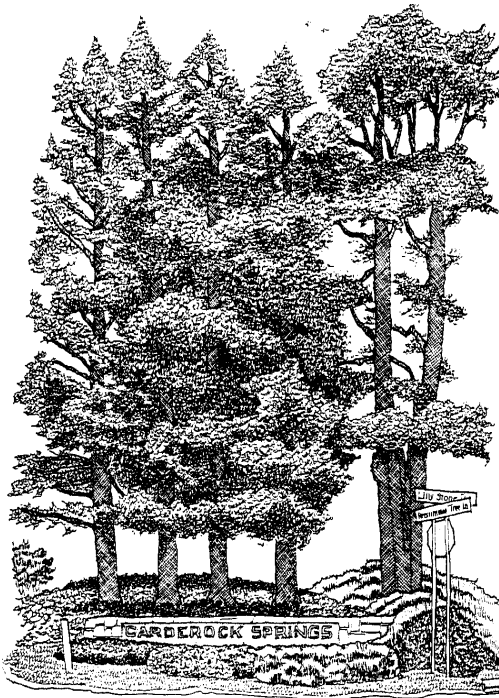


S E P T E M B E R 2 0 1 2

CARDEROCK SPRINGS COMMUNITY NEWS

Saturday, September 8, 6:30-10:30
50 Years of Modern Living - A Community Celebrates
RSVP required

The Carderock Springs Citizens' Association is hosting the 50th Anniversary celebration of the original groundbreaking of Carderock Springs. The event will be held on Saturday, September 8, 2012, from 6:30–10:30 pm at the Carderock Springs Clubhouse. We will start with a look back at the early years of our community, with photos, films, and memorabilia from the early 1960s, at a reception with beer, wine, soft drinks, and hors d'oeuvres, followed by dinner catered by Spilled Milk Caterers and live music and dancing to the sounds of Carderock's own Jonas Carnemark and his band, HusBand. Come learn about the history of Carderock and party with your neighbors! The event is for adults, age 21 or older only. The dress is casual. The event will be held rain or shine. You must RSVP by **no later than August 28** by sending a check payable to Carderock Springs Citizens Association in the amount of \$35 per person (together with the names and addresses of attendees) to:



Carderock Springs Citizens Association, 50th Anniversary Celebration, P.O. Box 237, Cabin John, MD 20818-0237.

No walk-ins can be admitted. Hope to see you there!

Carderock Springs Board Members

Phil Rider	President
Georgia Petsche	Vice President
Gunnar Tomasson	Secretary
Bob Stocker	Treasurer
Barbara Ames	Membership
Jack Orrick	Member-at-Large
Mary Lou Shannon	Member-at-Large
Larry Ondrijko	Member-at-Large
Noëlle F. Lewis	Newsletter Editor

Residents of Carderock Springs and surrounding areas may join the Citizens Association for an annual due of \$50 for a membership year ending December 31, 2012. Dues and family information for the Carderock Springs telephone directory may be mailed to the Carderock Springs Citizens' Association at P.O. Box 237, Cabin John, MD 20818-0237. Our Association represents the Carderock Springs community and implements its land covenants.

The Carder-Eco Column

News from the Environmental Committee

TRASH

What to do with your trash? Out of sight, out of mind? Trouble is, all that trash piling up is increasingly, well, a pile of environmental trouble. Before you toss next time, try these strategies for reducing, reusing, and recycling first.

Reduce the amount of garbage you create

The first rung on the "reduce, reuse, recycle" ladder is the ultimate garbage minimizer. By consuming less, you end up tossing less.

Reuse items instead of throwing them away

Give new life to old items by giving them to someone who can use them or finding creative new uses for what could otherwise end up as landfill waste.

Recycle your garbage

By recycling your garbage, you keep valuable material out of landfills, provide resources to the recycling industry, support local jobs, and keep toxins out of soil and water.

Compost your biodegradable and organic waste

You don't need a backyard to compost! All you need is a bag or free of cost composter to collect the stuff and the commitment to keeping organic waste out of the landfill.

Opt for recycled-content products

Buying products made from recycled materials keeps trash out of the landfill and reuses resources rather than requiring the eco-unfriendly procurement and processing of virgin ones.

Dispose of household hazardous waste properly

Prevent toxic chemicals from old paint, pesticides, insecticides, herbicides, and used car oil from leaching into groundwater and soil by taking them to your local toxic roundup center.

Dispose of used appliances properly

Many appliances, such as refrigerators, contain chemicals that can deplete the ozone layer and must be disposed of with special care. There is currently a rebate available for old refrigerators, freezers and room/window ACs.

Dispose of pharmaceuticals properly

Old or unused medication can contaminate groundwater if flushed or poured down the drain. Find out the correct way to dispose of them by returning them to a participating pharmacy such as The Apothecary.

Give your stuff away !

What is junk to you may be a jewel to someone else. Join BCC freecycle

NATURAL ALTERNATIVES TO PESTICIDES FOR HOUSE PLANTS

Soon we will be bringing into our homes various potted plants that have summered outdoors. Here are some hints.

- ★ Check plants before bringing indoors, including newly-purchased plants or those given to you. Separate them from others for a few weeks
- ★ Keep plants healthy by watering only when soil surface is dry. Use natural compost and give them appropriate light. Clear fallen leaves from the surface of the soil and remove damaged leaves
- ★ Keep windows screened to keep out outdoor bugs
- ★ Inspect your plants before bringing back indoors

- ★ Repot them before bringing them in with commercial soil enriched with compost instead of using outside soil that may have bugs in it
- ★ Wash hands and tools for each when working with several plants
- ★ Natural solutions, should you still have bugs, include showering plants, vacuuming them, applying alcohol, insecticidal soap or other organic products you can purchase. First you must identify the culprits so that you can use the appropriate solution. Nurseries such as American Plant can help you with this. You can also stop by the free Master Gardener sites at libraries on Saturdays and they can help you with identification.
- ★ All of this is important because pesticides heavily pollute your indoor air, outdoor air and can contaminate plants, soil, water and people inside your home.

Diane Karlik, Environmental Committee

Gardening in Carderock

What we can learn from the derecho

This summer's violent storms and power outages ravaged our neighborhood and stole not only Carderock's electricity but also many of our stately trees. The online Chat has been a great source of information about tree damage and how to protect ourselves. This article will enlarge on some of those issues.

My very unscientific survey of trees downed and damaged - taken while walking through Carderock streets after the storm – indicated that the following 3 species - all native – were most likely to sustain serious damage:

Red Maple (*Acer rubrum*)

Tulip Poplar (*Liriodendron tulipifera*)

White Pine (*Pinus strobus*)

One of the many reasons that my survey is unscientific is that these 3 species are among the most numerous in Carderock to begin with; however, the many instances of severe damage in these 3, while other common species like oak or beech generally weathered the storms, is instructive. These are the same tree species that are likely to fall in the winter, especially the white pines with their evergreen foliage that holds the snow and ice. Further, Casey Trees (the non-profit that works for tree restoration in Washington DC) states that these 3 species are typically weak-wooded and fast-growing, thereby perfect fodder for our 'perfect storm'.

Don't get me wrong – I love these 3 trees, especially the tulip poplars with their tall straight trunks and beautiful flowers and leaves. All of them grow on my property and would never be taken down unless absolutely necessary. These 3 species are also important to area wildlife. However, there are steps we can take to minimize future damage to these target species as well as to all of our trees:

1. Examination. Have your trees inspected periodically by an arborist or tree expert. The climate challenges we have faced the past few summers may make our trees more susceptible to disease and infestation.

2. Thoughtful pruning. Keep your trees pruned and open. The idea here is to lighten the load and provide less foliage and structure for the wind to catch. Trees should never be 'topped', but thinning out is an accepted technique to improve longevity and prevent breakage. Remove ivy or other vines that add to the weight of your trees.

3. Watch for susceptible trees. Many of the trees that fell in the storm were crooked and

leaning as they reached for the sun. Many were volunteers. Many had branches on only one side and were badly unbalanced. A leaning tree is that much more vulnerable to wind damage. A good pruner can help by evening out the balance of branch load in all directions. Of course, dead and diseased branches should be removed.

4. Plant shrubs as windbreaks. A well-thought-out garden generally contains 3 levels of plantings: grass/ground cover; shrubs; and trees. A shrub border can slow the wind and help to protect your trees.

5. Right tree, right spot. Most importantly, make sure that any new trees you plant have ample room and sunlight to grow to their expected size. It is hard to imagine the 6-foot sapling growing to 40 feet, but plan for the future.

If you have lost a tree and are thinking of planting a new one, there are great alternatives to red maples, tulip poplars, and white pines. In addition, environmental diversity is important to the health of our tree cover— we need many different species. If you want a taller native shade tree, here are just a few to consider, all generally with stronger limbs and root systems:

Oaks (v. *Quercus*)

American Beech (*Fagus grandifolia*)

Cucumbertree Magnolia (m. *acuminata*) (note: these first 3 need lots of room)

Black Gum (*Nyssa sylvatica*)

American Hornbeam or Ironwood (*Carpinus caoliniana*)

Kentucky Coffee Tree (*Gymnocladus dioica*)

Persimmon (*Diospyros virginiana*)

Sweetgum (*Liquidambar styraciflua* - do not plant this if the prickly seed pods will bother you; best in a bed rather than surrounded by grass)

American linden (*Tilia americana*)

For an evergreen, instead of white pine, look at our native holly (*Ilex opaca*), Eastern red cedar (*Juniperus virginiana*) or Western arborvitae (*Thuja plicata* 'Green Giant')

Not recommended: our lovely native ashes and hemlock, both under serious attack from foreign insect infestation.

Of course, these are just personal suggestions, and many other good alternatives exist. You can find more information on these trees at a full-service local nursery or online. The Casey Tree (noted above) website (www.caseytrees.org) and other web-based references offer photos and care tips.

Nancy E. Everett, © 2012 Boxwood Design LLC

If you are thinking of removing a hardwood tree in Carderock and are under the neighborhood covenants, remember that you should contact Lisa Wilcox Deyo, Carderock tree consultant, at CSCAtree@gmail.com or 202.297.1114.

Newcomers to our Neighborhood

Please welcome....

Marcela Silva and Guillermo Rodriguez and sons Frederico (5) and Christobal (21/2) were welcomed when a tree fell on their roof at 8315 Still Spring Court four days after moving in. Sorry about that (garodriguezf@gmail.com, 301-767-9790).

Thor Jonasson and Kolla Kolbrun and their children Gia (11 yrs), Kristyan (9), and Anna (20) are renting 8008 Hamilton Spring Road (kolbrun.kristjansdottir@gmail.com, tjonasson1@gmail.com, 301-365-5474).

Kimber Dodge and Afif Say and daughter Ayla (14) are new tenants at 8012 Hamilton Spring Road (kimberdodge@msn.com, afifsay@msn.com, 425-247-5556).

Priya and Deep Grewal and daughter Ambar (4) and son Rehan (18 months) moved to 8225 Osage Lane, just off Tomlinson in Carderock South (deepgrewal3@gmail.com, priyasmiledr@gmail.com, 301-229-3734 or 925-407-5263).

Isolde Erlenbach and Emile Ettegui with their children Rachel (7), Malka (5), and Jonathan (1) are settled in at 7609 Hamilton Spring Road (isolde.erlenbach@gmail.com, 301-767-1659).

Stuart and Lisa Gold with daughter Ava (6) and son Owen (4) moved to 6813 Persimmon Tree Road (lisagold@me.com, Stumanji@earthlink.net, 202-714-5547).

Mary Lou Shannon, Member-at-Large

Classifieds

Cabin John Dog Walker: Midday walks to keep your pets happy and healthy. Contact Carolyn at 301-257-1076.

Handyman: The first ad is for two issues. Second only for one. Thanks. Phil Jose Luis will help with any and all chores in and around the house and garden, including painting and drywall work, indoor repairs, gardening and clean up, mowing, mulching, edging, transplanting, power washing, fence, pathway or platform construction, and any other kind of heavy work, on a reasonable hourly basis. Contact Carderock neighbor Ray at 301-469-0192.

Items For Sale:

- * (Give away: wood file cabinet 3 ft wide by 2 ft deep; outside lounge chairs with blue cushions)
- * Walnut chest of drawers \$50
- * Large Walnut desk with 6 drawers, 4 ft 10 in width \$300
- * Antique Cyprus wood Icebox from New Orleans \$50
- * Wooden wall clocks; one with Year of the Horse motif, Asian \$50 each
- * Magazine rack, leather and teak, from Philippines \$50
- * Plant table from China, 3 ft tall, from China \$50
- * Three piece sectional bookcase with glass fronted cabinets, built in lighting, made in Philippines 6 and ft wide by 4 ft high \$100
- * Table lamp with ceramic "hand of Buddha" new shade, China , \$50
- * Table lamp with large brass bird, green shade from China, \$50
- * Two matching teak and leather chairs from Malaysia \$150 each
- * Two very solid, wood and rattan bookcases with cabinets and two drawers, \$100 each
- * Dutch/Indonesian hanging lamp, wrought iron and glass, \$50
- * Rattan easy chair with ottoman, with blue fabric cushions, from Philippines \$100
- * Bar, wood and wicker, with three bar stools. 6 ft wide by 3 ft high, made in Philippines \$200
- * Table, round (coffee shop) marble top. Malaysia 3 ft high by 2 1/2 ft wide, \$300
- * Cabinet, Chinese, red and black, 12 drawers, 4 ft 2 inches high by 1 ft wide, \$250
- * Egyptian hanging lamp, brass filigree, \$200
- * Antique Tibetan/Chinese storage chest, painted, 3 by 3, \$300
- * Round table, very unusual, (looks like coral but is petrified wood base) with glass and brass trim top, 4 ft by 2 ft high, Philippines \$750

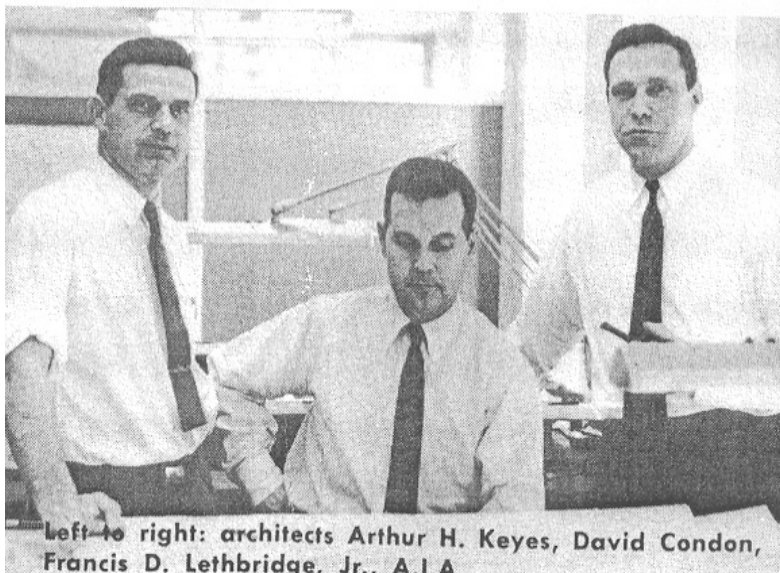
Located in Bethesda/Carderock; off MacArthur Blvd, call 301-320-3512 or email Ellerymail@aol.com



Hillcrest living/dining room



Clubview living room



Left to right: architects Arthur H. Keyes, David Condon, Francis D. Lethbridge, Jr., A.I.A.

Architects Keyes, Condon, and Lethbridge who designed Carderock homes